







<sup>1</sup>Bless the Lord, O my soul, and all that is within me, bless his holy name! <sup>2</sup>Bless the Lord, O my soul, and forget not all his benefits, <sup>3</sup>who forgives all your iniquity, who heals all your diseases, <sup>4</sup>who redeems your life from the pit, who crowns you with steadfast love and mercy, <sup>5</sup>who satisfies you with good so that your youth is renewed like the eagle's. <sup>6</sup>The Lord works righteousness and justice for all who are oppressed. <sup>7</sup>He made known his ways to Moses, his acts to the people of Israel. <sup>8</sup>The Lord is merciful and gracious, slow to anger and abounding in steadfast love. <sup>9</sup>He will not always chide, nor will he keep his anger forever.



#### 5. Psalms 103:1-22 (ESV)



<sup>10</sup>He does not deal with us according to our sins, nor repay us according to our iniquities. <sup>11</sup>For as high as the heavens are above the earth, so great is his steadfast love toward those who fear him; <sup>12</sup>as far as the east is from the west, so far does he remove our transgressions from us. <sup>13</sup>As a father shows compassion to his children, so the Lord shows compassion to those who fear him. <sup>14</sup>For he knows our frame; he remembers that we are dust. <sup>15</sup>As for man, his days are like grass; he flourishes like a flower of the field; <sup>16</sup>for the wind passes over it, and it is gone, and its place knows it no more.



#### 6. Psalms 103:1-22 (ESV)



<sup>17</sup>But the steadfast love of the Lord is from everlasting to everlasting on those who fear him, and his righteousness to children's children, <sup>18</sup>to those who keep his covenant and remember to do his commandments. <sup>19</sup>The Lord has established his throne in the heavens, and his kingdom rules over all. <sup>20</sup>Bless the Lord, O you his angels, you mighty ones who do his word, obeying the voice of his word! <sup>21</sup>Bless the Lord, all his hosts, his ministers, who do his will! <sup>22</sup>Bless the Lord, all his works, in all places of his dominion. Bless the Lord, O my soul!

Psalms 103:1-22



7. Psalms 103:1-22 (ESV)



Abundant Praise for God's Great Goodness



8.



## Abundant Praise for God's Great Goodness

- David praises the Lord for Benefits he has received



9.



<sup>1</sup>Bless the Lord, O my soul, and all that is within me, bless his holy name! <sup>2</sup>Bless the Lord, O my soul, and forget not all his benefits, <sup>3</sup>who forgives all your iniquity, who heals all your diseases, <sup>4</sup>who redeems your life from the pit, who crowns you with steadfast love and mercy, <sup>5</sup>who satisfies you with good so that your youth is renewed like the eagle's.

Psalms 103:1-5



10. Psalms 103:1-22 (ESV)



## Abundant Praise for God's Great Goodness

- David praises the Lord for Benefits he has received
- David praises the Lord for Israel has received



11.



<sup>6</sup>The Lord works righteousness and justice for all who are oppressed. <sup>7</sup>He made known his ways to Moses, his acts to the people of Israel. <sup>8</sup>The Lord is merciful and gracious, slow to anger and abounding in steadfast love. <sup>9</sup>He will not always chide, nor will he keep his anger forever. <sup>10</sup>He does not deal with us according to our sins, nor repay us according to our iniquities. <sup>11</sup>For as high as the heavens are above the earth, so great is his steadfast love toward those who fear him; <sup>12</sup>as far as the east is from the west, so far does he remove our transgressions from us.

Psalm 103:6-12



12. Psalms 103:1-22 (ESV)





<sup>38</sup>For I am sure that neither death nor life, nor angels nor rulers, nor things present nor things to come, nor powers, <sup>39</sup>nor height nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.

Romans 8:38-39



13. Romans 8:38-39 (ESV)



## Abundant Praise for God's Great Goodness

- David praises the Lord for Benefits he has received
- David praises the Lord for Israel has received
- David invites all of creation to praise the Lord



14.



<sup>13</sup>As a father shows compassion to his children, so the Lord shows compassion to those who fear him. <sup>14</sup>For he knows our frame; he remembers that we are dust. <sup>15</sup>As for man, his days are like grass; he flourishes like a flower of the field; <sup>16</sup>for the wind passes over it, and it is gone, and its place knows it no more. <sup>17</sup>But the steadfast love of the Lord is from everlasting to everlasting on those who fear him, and his righteousness to children's children, <sup>18</sup>to those who keep his covenant and remember to do his commandments. <sup>19</sup>The Lord has established his throne in the heavens, and his kingdom rules over all.

Psalm 103:13-19



15. Psalms 103:1-22 (ESV)



<sup>19</sup>And he took bread, and when he had given thanks, he broke it and gave it to them, saying, "This is my body, which is given for you. Do this in remembrance of me." <sup>20</sup>And likewise the cup after they had eaten, saying, "This cup that is poured out for you is the new covenant in my blood."

Luke 22:19-20



16. Luke 22:19-20 (ESV)





<sup>3</sup>Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places, <sup>4</sup>even as he chose us in him before the foundation of the world, that we should be holy and blameless before him. In love <sup>5</sup>he predestined us for adoption as sons through Jesus Christ, according to the purpose of his will, <sup>6</sup>to the praise of his glorious grace, with which he has blessed us in the Beloved. <sup>7</sup>In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace, <sup>8</sup>which he lavished upon us, in all wisdom and insight <sup>9</sup>making known to us the mystery of his will, according to his purpose, which he set forth in Christ

Ephesians 1:3-9



17. Ephesians 1:3-14 (ESV)



<sup>15</sup>Through him then let us continually offer up a sacrifice of praise to God, that is, the fruit of lips that acknowledge his name.

Hebrews 13:15



18. Hebrews 13:15 (ESV)



<sup>20</sup>Bless the Lord, O you his angels, you mighty ones who do his word, obeying the voice of his word! <sup>21</sup>Bless the Lord, all his hosts, his ministers, who do his will! <sup>22</sup>Bless the Lord, all his works, in all places of his dominion. Bless the Lord, O my soul!

Psalm 103:20-22



19. Psalms 103:1-22 (ESV)



Self-Assessment:

- Healthy fear of the Lord
- Know His Covenant
- Reflect His Glory



20.