









¹Bless the Lord, O my soul, and all that is within me, bless his holy name! ²Bless the Lord, O my soul, and forget not all his benefits, ³who forgives all your iniquity, who heals all your diseases, ⁴who redeems your life from the pit, who crowns you with steadfast love and mercy, ⁵who satisfies you with good so that your youth is renewed like the eagle's. ⁴The Lord works righteousness and justice for all who are oppressed. ⁴He made known his ways to Moses, his acts to the people of Israel. ⁴The Lord is merciful and gracious, slow to anger and abounding in steadfast love. ⁴He will not always chide, nor will he keep his anger forever.

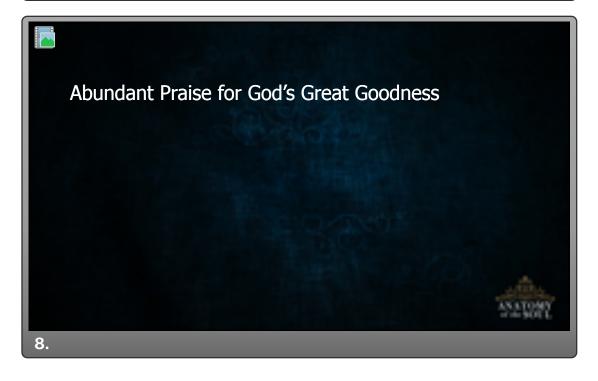
5. Psalms 103:1-22 (ESV)

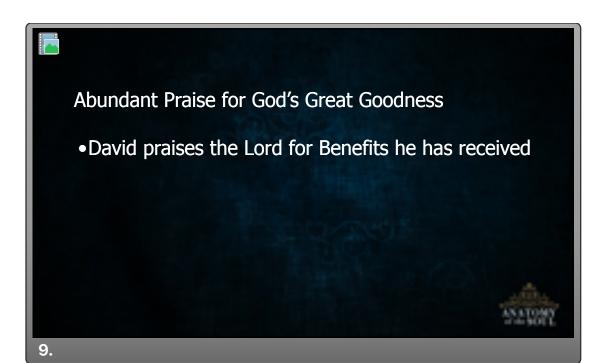


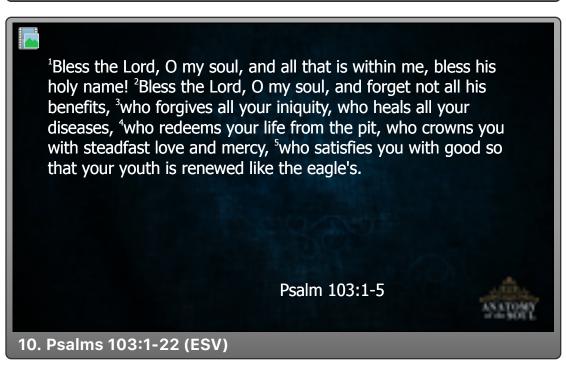
¹⁰He does not deal with us according to our sins, nor repay us according to our iniquities. ¹¹For as high as the heavens are above the earth, so great is his steadfast love toward those who fear him; ¹²as far as the east is from the west, so far does he remove our transgressions from us. ¹³As a father shows compassion to his children, so the Lord shows compassion to those who fear him. ¹⁴For he knows our frame; he remembers that we are dust. ¹⁵As for man, his days are like grass; he flourishes like a flower of the field; ¹⁶for the wind passes over it, and it is gone, and its place knows it no more.

6. Psalms 103:1-22 (ESV)











Abundant Praise for God's Great Goodness

- David praises the Lord for Benefits he has received
- David praises the Lord for Israel has received



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⁶The Lord works righteousness and justice for all who are oppressed. ⁷He made known his ways to Moses, his acts to the people of Israel. ⁸The Lord is merciful and gracious, slow to anger and abounding in steadfast love. ⁹He will not always chide, nor will he keep his anger forever. ¹⁰He does not deal with us according to our sins, nor repay us according to our iniquities. ¹¹For as high as the heavens are above the earth, so great is his steadfast love toward those who fear him; ¹²as far as the east is from the west, so far does he remove our transgressions from us.

Psalm 103:6-12



12. Psalms 103:1-22 (ESV)



³⁸For I am sure that neither death nor life, nor angels nor rulers, nor things present nor things to come, nor powers, ³⁹nor height nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.

Romans 8:38-39





Abundant Praise for God's Great Goodness

- David praises the Lord for Benefits he has received
- David praises the Lord for Israel has received
- David invites all of creation to praise the Lord

ANATOMY

14.



¹³As a father shows compassion to his children, so the Lord shows compassion to those who fear him. ¹⁴For he knows our frame; he remembers that we are dust. ¹⁵As for man, his days are like grass; he flourishes like a flower of the field; ¹⁶for the wind passes over it, and it is gone, and its place knows it no more. ¹⁷But the steadfast love of the Lord is from everlasting to everlasting on those who fear him, and his righteousness to children's children, ¹⁸to those who keep his covenant and remember to do his commandments. ¹⁹The Lord has established his throne in the heavens, and his kingdom rules over all.

Psalm 103:13-19





¹⁹And he took bread, and when he had given thanks, he broke it and gave it to them, saying, "This is my body, which is given for you. Do this in remembrance of me." ²⁰And likewise the cup after they had eaten, saying, "This cup that is poured out for you is the new covenant in my blood.

Luke 22:19-20

16. Luke 22:19-20 (ESV)



³Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places, ⁴even as he chose us in him before the foundation of the world, that we should be holy and blameless before him. In love ⁵he predestined us for adoption as sons through Jesus Christ, according to the purpose of his will, ⁶to the praise of his glorious grace, with which he has blessed us in the Beloved. ⁷In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace, ⁸which he lavished upon us, in all wisdom and insight ⁹making known to us the mystery of his will, according to his purpose, which he set forth in Christ

Ephesians 1:3-9

17. Ephesians 1:3-14 (ESV)

