



¹²Put on then, as God's chosen ones, holy and beloved, compassionate hearts, kindness, humility, meekness, and patience,

2 Group Colossians 3:12

¹³bearing with one another and, if one has a complaint against another, forgiving each other; as the Lord has forgiven you, so you also must forgive.

3

Colossians 3:13

¹⁴And above all these put on love, which binds everything together in perfect harmony. ¹⁵And let the peace of Christ rule in your hearts, to which indeed you were called in one body. And be thankful.

4

Colossians 3:14

¹⁶Let the word of Christ dwell in you richly, teaching and admonishing one another in all wisdom, singing psalms and hymns and spiritual songs, with thankfulness in your hearts to God.

5

Colossians 3:16

¹⁷And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him.

Colossians 3:12-17

6

Colossians 3:17

**“They know how to
push my buttons!”**

7

**“To push someone’s buttons
means to do or say something
that results in an instantaneous
and usually emotional reaction
from someone.”**

8

- **My wife/husband knows how to push my buttons.**

9

- **My wife/husband knows how to push my buttons.**
- **My kids know how to push my buttons.**

10

- **My wife/husband knows how to push my buttons.**
- **My kids know how to push my buttons.**
- **My parents know how to push my buttons.**

11

- **My wife/husband knows how to push my buttons.**
- **My kids know how to push my buttons.**
- **My parents know how to push my buttons.**
- **My siblings, my roommate, bf/gf, boss, coworker, etc.**

12

**“They know how to
push my buttons!”**

13

**“Can we drive them out into the
middle of nowhere and leave
them for dead?”**

- Clark Griswold

14

“How did they get the remote?”

15

**No one pushes your buttons
unless you are not holding the
remote.**

16

Our actions speak louder than words.

17

Our actions speak louder than words.

Our reactions speak louder than both.

18

Reactions vs. Response

19

Reactions vs. Response

Reaction - the worst comes out

20

Reactions vs. Response

Reaction - the worst comes out

**Response - thoughtfulness, clarity,
compassion, conviction**

21

**... make every effort to supplement your
faith with... self-control**

2 Peter 1:5-6a

22

2 Peter 1:5



Responding in a Christ-Like Way to Anxious Relationships

23

¹²Put on then, as **God's chosen ones, holy and beloved**, compassionate hearts, kindness, humility, meekness, and patience,

24

Colossians 3:12

¹³bearing with one another and, if one has a complaint against another, forgiving each other; as **the Lord has forgiven you**, so you also must forgive.

25

Colossians 3:13



Responding in a Christ-Like Way to Anxious Relationships

1. Centered

26



Responding in a Christ-Like Way to Anxious Relationships

- 1. Centered**
- 2. Calm**

27

¹⁵ And let the peace of Christ rule in your hearts, to which indeed you were called in one body. And be thankful.

28

Colossians 3:14



Responding in a Christ-Like Way to Anxious Relationships

- 1. Centered**
- 2. Calm**
- 3. Conviction**

29

¹⁶Let the word of Christ dwell in you richly, teaching and admonishing one another in all wisdom, singing psalms and hymns and spiritual songs, with thankfulness in your hearts to God.

30

Colossians 3:16



Responding in a Christ-Like Way to Anxious Relationships

1. Centered
2. Calm
3. Conviction
4. Connected

31

¹²**Put on then, as God's chosen ones, holy and beloved, compassionate hearts, kindness, humility, meekness, and patience,**

32

Colossians 3:12

¹³**bearing with one another** and, if one has a complaint against another, **forgiving each other**; as the Lord has forgiven you, so you also must forgive.

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Colossians 3:13

¹⁴**And above all these put on love**, which binds everything together in perfect harmony. ¹⁵**And let the peace of Christ rule in your hearts, to which indeed you were called in one body.** And be thankful.

34

Colossians 3:14

¹⁶Let the word of Christ dwell in you richly, teaching and admonishing one another in all wisdom, singing psalms and hymns and spiritual songs, with thankfulness in your hearts to God.

35

Colossians 3:16

Responding in a Christ-Like Way to Anxious Relationships

- 1. Centered**
- 2. Calm**
- 3. Conviction**
- 4. Connected**
- 5. Courageous**

36

¹⁷ And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him.

Colossians 3:12-17

Father, I know that I have sinned, and I believe Jesus died to pay for my sins. I believe He rose from the dead and from this day forward I give myself to you. I surrender my whole life to You, to live for You first. Thank You for making me your child today and giving me Your Holy Spirit.

39 Group