

<sup>12</sup>Put on then, as God's chosen ones, holy and beloved, compassionate hearts, kindness, humility, meekness, and patience,

2 Group

Colossians 3:12

<sup>13</sup>bearing with one another and, if one has a complaint against another, forgiving each other; as the Lord has forgiven you, so you also must forgive.

Colossians 3:13

<sup>14</sup>And above all these put on love, which binds everything together in perfect harmony. <sup>15</sup>And let the peace of Christ rule in your hearts, to which indeed you were called in one body. And be thankful.

<sup>16</sup>Let the word of Christ dwell in you richly, teaching and admonishing one another in all wisdom, singing psalms and hymns and spiritual songs, with thankfulness in your hearts to God.

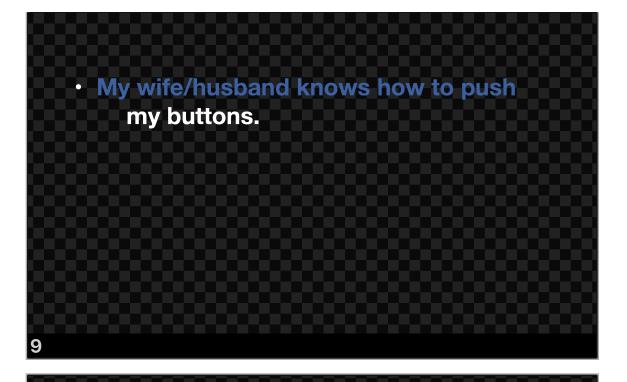
5 Colossians 3:16

<sup>17</sup>And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him.

Colossians 3:12-17

"They know how to push my buttons!"

"To push someone's buttons means to do or say something that results in an instantaneous and usually emotional reaction from someone."

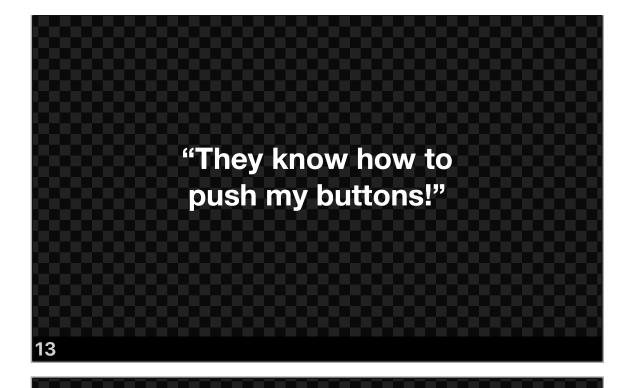


My wife/husband knows how to push my buttons.
 My kids know how to push my buttons.

- My wife/husband knows how to push my buttons.
- My kids know how to push my buttons.
- My parents know how to push my buttons.

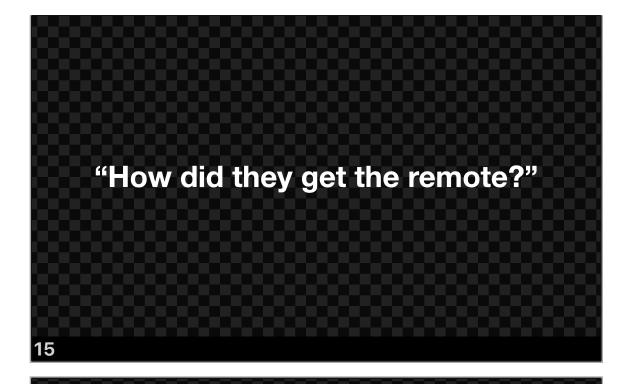
11

- My wife/husband knows how to push my buttons.
- My kids know how to push my buttons.
- My parents know how to push my buttons.
- My siblings, my roommate, bf/gf, boss, coworker, etc.

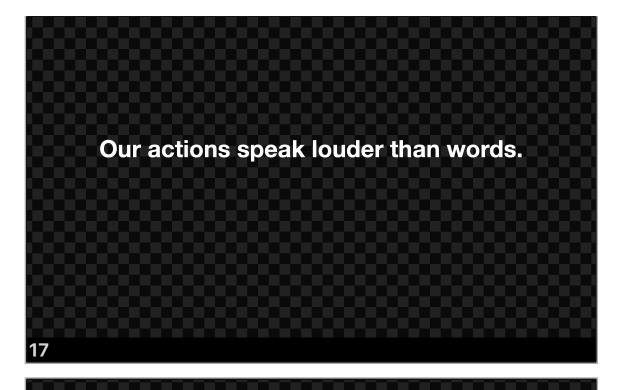


"Can we drive them out into the middle of nowhere and leave them for dead?"

- Clark Griswold



No one pushes your buttons unless you are not holding the remote.



Our actions speak louder than words.

Our reactions speak louder than both.



# Reactions vs. Response Reaction - the worst comes out

## Reactions vs. Response Reaction - the worst comes out Response - thoughtfulness, clarity, compassion, conviction

... make every effort to supplement your faith with... self-control

2 Peter 1:5-6a



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Colossians 3:12

13bearing with one another and, if one has a complaint against another, forgiving each other; as the Lord has forgiven you, so you also must forgive.

Colossians 3:13





## Responding in a Christ-Like Way to Anxious Relationships

- 1. Centered
- 2. Calm

27

<sup>15</sup>And let the peace of Christ rule in your hearts, to which indeed you were called in one body. And be thankful.

28



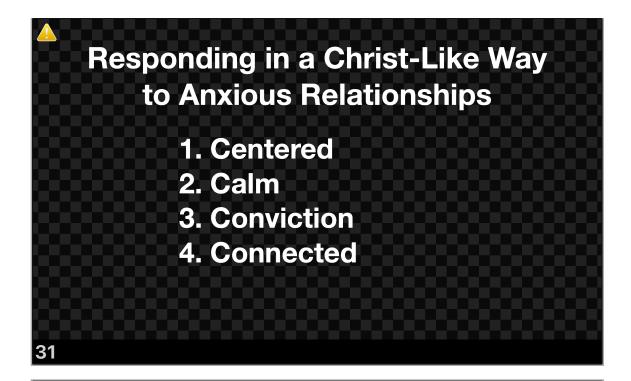
### Responding in a Christ-Like Way to Anxious Relationships

- 1. Centered
- 2. Calm
- 3.Conviction

29

<sup>16</sup>Let the word of Christ dwell in you richly, teaching and admonishing one another in all wisdom, singing psalms and hymns and spiritual songs, with thankfulness in your hearts to God.

30



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35 Colossians 3:16

### Responding in a Christ-Like Way to Anxious Relationships

- 1. Centered
- 2. Calm
- 3. Conviction
- 4. Connected
- 5. Courageous

<sup>17</sup>And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him.

Colossians 3:12-17

**37** Colossians 3:17

Father, I know that I have sinned, and I believe Jesus died to pay for my sins. I believe He rose from the dead and from this day forward I give myself to you. I surrender my whole life to You, to live for You first. Thank You for making me your child today and giving me Your Holy Spirit.

38 Group

