

¹⁰And the angel said to them, “Fear not, for behold, I bring you good news of great joy that will be for all the people. ¹¹For unto you is born this day in the city of David a Savior, who is Christ the Lord.

Luke 2:10-11

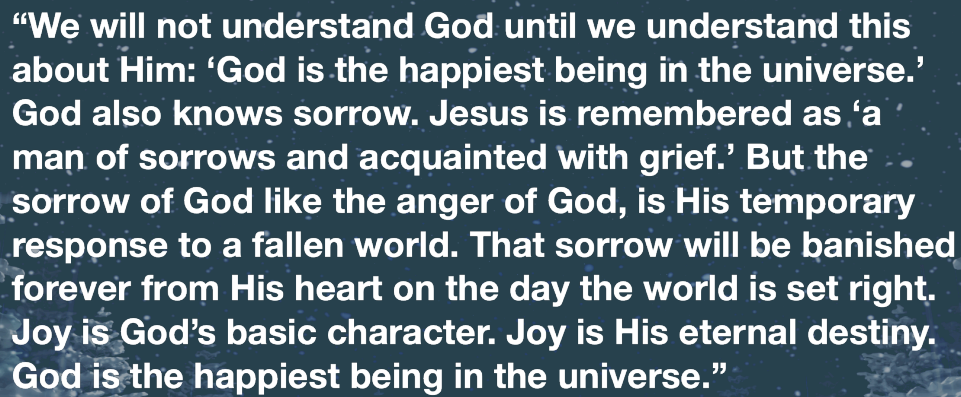
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Luke 2:10-11 (ESV)



**• GOD IS THE MOST JOYFUL/HAPPY BEING
IN THE UNIVERSE.**

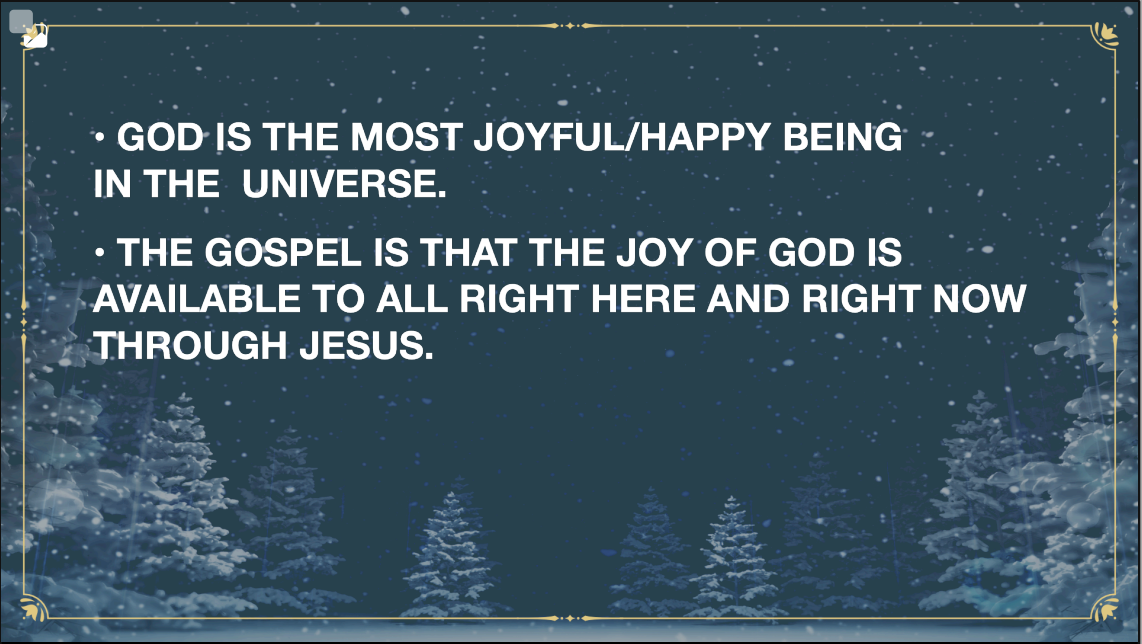
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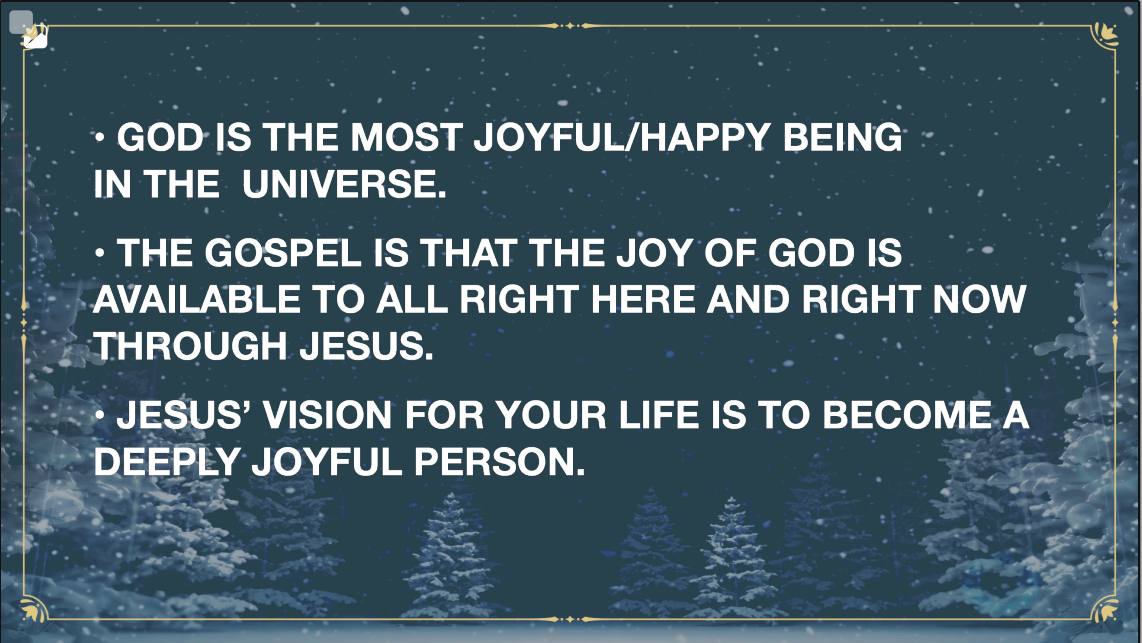
“We will not understand God until we understand this about Him: ‘God is the happiest being in the universe.’ God also knows sorrow. Jesus is remembered as ‘a man of sorrows and acquainted with grief.’ But the sorrow of God like the anger of God, is His temporary response to a fallen world. That sorrow will be banished forever from His heart on the day the world is set right. Joy is God’s basic character. Joy is His eternal destiny. God is the happiest being in the universe.”

John Ortberg

5

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- GOD IS THE MOST JOYFUL/HAPPY BEING IN THE UNIVERSE.**
 - THE GOSPEL IS THAT THE JOY OF GOD IS AVAILABLE TO ALL RIGHT HERE AND RIGHT NOW THROUGH JESUS.**

6

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- **GOD IS THE MOST JOYFUL/HAPPY BEING IN THE UNIVERSE.**
 - **THE GOSPEL IS THAT THE JOY OF GOD IS AVAILABLE TO ALL RIGHT HERE AND RIGHT NOW THROUGH JESUS.**
 - **JESUS' VISION FOR YOUR LIFE IS TO BECOME A DEEPLY JOYFUL PERSON.**

7



THE PURSUIT OF HAPPINESS

8

THE PURSUIT OF HAPPINESS
SUPERFICIAL HAPPINESS

9

THE PURSUIT OF HAPPINESS
SUPERFICIAL HAPPINESS
CYNICAL HAPPINESS

10

THE PURSUIT OF HAPPINESS

SUPERFICIAL HAPPINESS

CYNICAL HAPPINESS

SINFUL HAPPINESS

11

**²⁵ choosing rather to be mistreated with the people of
God than to enjoy the fleeting pleasures of sin.**

Hebrews 11:25

12

Hebrews 11:25 (ESV)

¹⁴But each person is tempted when he is lured and enticed by his own desire. ¹⁵Then desire when it has conceived gives birth to sin, and sin when it is fully grown brings forth death.

James 1:14-15

13

James 1:14-15 (ESV)

THE PURSUIT OF HAPPINESS

SUPERFICIAL HAPPINESS

CYNICAL HAPPINESS

SINFUL HAPPINESS

CHRIST-CENTERED HAPPINESS

14

¹¹These things I have spoken to you, that my joy may be in you, and that your joy may be full.

John 15:11

15

John 15:11 (ESV)

Joy = a pervasive sense of well being

16

“Christian happiness is a God-centered, God-glorifying and God-given sense of God’s love that is produced by a right relationship to God in Christ and that produces loving service to God and others.”

David Murray “The Happy Christian”

17

**Philippians 4:4
p. 982**

18

⁴Rejoice in the Lord always; again I will say, rejoice. ⁵Let your reasonableness be known to everyone. The Lord is at hand; ⁶do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. ⁷And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

⁸Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things. ⁹What you have learned and received and heard and seen in me—practice these things, and the God of peace will be with you.

Philippians 4:4-9

Every Day Take Time To Enjoy Jesus

21

“...the first great and primary business to which I ought to attend every day was, to have my soul happy in the Lord. The first thing to be concerned about was not, how much I might serve the Lord, how I might glorify the Lord; but how I might get my soul into a happy state, and how my inner man might be nourished.”

George Mueller

22

Pray About Your Anxious Thoughts.

23

Pray About Your Anxious Thoughts.

- Tell God how you feel.

24

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- **Tell God how you feel.**
- **Ask God for what you want/need.**

25

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- **Be thankful for what He has done in your life.**

26

Pray About Your Anxious Thoughts.

- **Tell God how you feel.**
- **Ask God for what you want/need.**
- **Be thankful for what He has done in your life.**
- **Surrender the outcomes to God.**

27

⁷casting all your anxieties on him, because he cares for you.

1 Peter 5:7

28

1 Peter 5:7 (ESV)

Pray About Your Anxious Thoughts.

- **Tell God how you feel.**
- **Ask God for what you want/need.**
- **Be thankful for what He has done in your life.**
- **Surrender the outcomes to God.**
- **Receive His peace by Faith.**

29

**Focus Your Thoughts on
The Good, True and Beautiful**

30

The Discipline of Celebration

31

At the end of the meal, we all raised our glasses and yelled, "To the King and to the kingdom!"

32

²looking to Jesus, the founder and perfecter of our faith, who for the joy that was set before him endured the cross, despising the shame, and is seated at the right hand of the throne of God.

Hebrews 12:2

33

Hebrews 12:2 (ESV)

34



35 Group

SBJ Screens.png