

Misfits to Mighty: What God Can Do in the Cave 1 Samuel 22:1-5

Dr. Stephen Hall August 24, 2025

King David had been anointed but had not yet ascended to the throne. His victory over the giant won him the favor of Israel but stirred the fury of King Saul. Now he was running for his life. David fled into the darkness of a cave. Yet his anxiety, fear, and struggle did not have the last word. This moment became the stage on which God would shape him and propel him toward future victories—militarily, personally, and spiritually.

Main Thought	
→	God turns our caves of despair into classrooms of
1.	Seek the God provides (v. 1).
	Refuge is more than a place. It is a
	Ps. 142
2.	See the God transforms (v. 2).
	How is the LORD shaping you through your hard seasons of life?
	2 Sam. 23; 1 Chr. 11
3.	Hear the we must follow (v. 3-5).
	 David was faithful to fulfill his
	Ps. 57:1-3; Rm. 5:6-8; Rm. 5:1-2
Final Thoughts	
→	How is Jesus you in your cave season?
→	Where are you running for refuge today – the cave of your own making, or Christ who is our true shelter?

