

The Transformed Life
Ephesians 4:17-32

Dr. Bill Wilks
October 18, 2026

Imagine coming in after a long, hot day of working in the yard. Your clothes are soaked with sweat and covered in dirt. You would never take a shower and put those same filthy clothes back on again. You would put away those dirty clothes and put on some fresh, clean ones.

Paul uses a similar picture in our text. When Christ saves us, He cleanses us from sin and makes us new. Our old way of life no longer fits who we are in Him. We are to put off our former life and put on the new life that we have in Christ, which is created for righteousness.

In our text, Paul challenged the believers at Ephesus to walk in a way that reflected their new life in Christ.

Main Thought…

➔ As followers of Christ, we are to put off our _____ ways and to walk in the glorious _____ life we have in Him.

1. **You put off your former _____ (v. 17-22)**.

   Jn. 11:44; Col. 3:5-10

2. **You put on the new _____ (v. 23-24)**.

   Ezek. 36:25-27; Rom. 6:3-6; 2 Cor. 5:17; Gal. 2:20

3. **You put away all fleshly _____ (v. 25-32)**.

   - Stop _____ place to the devil (v. 25-27).
   - Stop _____ the Holy Spirit (v. 28-32).

   Rm. 6:11-14; 7:15-25; 8:23; 1 Jn. 2:3-6

Final Thoughts…

➔ Do you know God _____ you a new life in Christ?

➔ Are you choosing to _____ the commands of Christ?