



Abiding in the Word
John 8:31-36

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We live in a world drowning in information but starving for truth. People read self-help books, watch motivational videos, and listen to endless podcasts—yet many remain anxious, confused, and defeated.

There is only one reliable source of truth. Eternal and absolute truth is found in the Bible—the Word of God. In the Bible, God has given us a clear road map that leads to life, if only we will follow it. To abide in the Word is to abide in Jesus, because Jesus is the Word (Jn 1:1, 14).

In our text, Jesus promised that those who abide in His word would know the truth and that the truth would make them free.

Main Thought...

➔ Abiding in God's Word is the key to a life of _____.

1. It _____ you are a true disciple (v. 31).

- To abide in God's Word means that we _____ it.
- To abide in God's Word means that we _____ to it.

Ps. 119:18; 1 Pt. 2:2; Jn. 10:27; 14:15

Great Resource: *Spiritual Disciplines for the Christian Life*
by Donald Whitney (see the back)

2. It _____ you with absolute truth (v. 32a).

Ps. 119:89; 105, 160; Is. 40:8; Mt. 24:35

3. It _____ you a life of freedom (v. 32b-36).

Pr. 5:22; Ps. 1:1-6

Final Thoughts...

➔ Are you a true _____ of Christ?

➔ Do you _____ abide in His Word?

Donald Whitney's Six Ways of Bible Intake

(from *Spiritual Disciplines for the Christian Life* by Donald Whitney)

We need to intake God's Word in every way possible if we are to know Him and be transformed by Him (Donald Whitney).

1. _____ **God's Word**

Receiving Scripture through preaching, teaching, sermons, podcasts, public reading, etc. (Rm 10:17; Lk. 11:28).

2. _____ **God's Word**

Reading the Bible on a regular basis (Rev. 1:3; 1 Tim 4:13).

3. _____ **God's Word**

Digging deeper into the meaning, context, background, and theology of Scripture and moving beyond surface reading into understanding (Acts 17:11; 2 Tim. 2:15).

4. _____ **God's Word**

Committing Scripture to memory and storing truth in the heart for daily life and spiritual warfare (Ps. 119:11; Col. 3:16).

5. _____ **on God's Word**

Thinking deeply and prayerfully about Scripture. Meditation bridges the gap between reading and application (Josh. 1:8; Ps. 1:2).

6. _____ **God's Word**

Putting Scripture into practice through obedience. Intake without obedience produces spiritual deception (Jam. 1:22; Mt. 7:24).

No Spiritual Discipline is more important than the intake of God's Word. Nothing can substitute for it. There simply is no healthy Christian life apart from a diet of the milk and meat of Scripture (Donald Whitney).