



**The Yoke of Jesus**  
**Matthew 11:28-30**

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Do you ever feel overwhelmed? Are the burdens that you carry weighing you down? Have you been finding it hard to even pray and live out your faith? Do you need some rest?

Jesus sees you and He loves you. He offers all of us a way to live out our faith and to find rest for our souls. He will help us carry the burdens of life that are pressing us down.

In our text, Jesus invites all who are weary and burdened to come to Him and to take up His yoke.

**Main Thought...**

➔ The yoke of Jesus will make our work \_\_\_\_\_ and our burdens \_\_\_\_\_.

**1. He gives us a personal \_\_\_\_\_ (v. 28).**

Jn. 1:11-12; 5:24, 40; 15:4-5

**2. He gives us a powerful \_\_\_\_\_ (v. 29).**

• In His yoke, He carries the \_\_\_\_\_ (v. 29a).

• In His yoke, He takes the \_\_\_\_\_ (v. 29b).

Eph. 2:8-10; Phil. 4:13; Jn. 10:11, 27; Ps. 23:1-2

**3. He gives us a profound \_\_\_\_\_ (v. 30).**

Gal. 5:1; 2 Cor. 6:14; Is. 48:22; 40:31; Ps. 16:11

**Final Thoughts...**

➔ Have you come to \_\_\_\_\_?

➔ Will you take up His \_\_\_\_\_?