

When Life is the Pits
Psalm 40:1-8

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Have you ever felt like your life was in a deep dark pit and that there was no way out? I imagine that we've all experienced times like this. In these seasons of life, we always feel very weak and vulnerable.

King David was a powerful man, but he too knew the pain of life's pits. At times, this was due to his own choices, and at other times it was not. Regardless, he had learned what to do when life was the pits.

In our text, King David was stuck in a horrible pit, but God heard his cry and lifted him up.

Main Thought...

➔ When life is the pits, we must put our trust in _____ above.

1. _____ on the Lord (v. 1-3).

- He will hear you when you _____ (v. 1).
- He will lift you up from the _____ (v. 2).
- He will give you a new song of _____ (v. 3).

Ps. 27:13-14; 38:15

2. _____ in the Lord (v. 4-5).

Ps. 16:11; 37:3-5a; Pr. 3:5-6

3. _____ the will of the Lord (v. 6-8).

1 Sam. 15:22; Hebrews 10:5-7, 10

Final Thoughts...

➔ Do you feel like your life is in the _____?

➔ Will you place your trust in God _____?