

## Missional Community Questions May 19<sup>th</sup>

### **1. Relish God's Grace**

*Read Psalm 42:1-4*

- Why is it hard to focus on God when we find ourselves caught up in self-doubt and negativity?
- Why is it essential to focus on God when we are caught up in self-doubt and negativity?

### **2. Remember God's Goodness**

*Read Psalm 42:5-8*

- Have you ever been stuck in an emotional cycle where you can't get out of your own head? How did you deal with it and how did you get out of it?
- How can focusing on God's past goodness help us break out of an on-going emotional struggle?

### **3. Rest in God's Glory**

*Read Psalm 42:9-11*

- Why is it important that we learn to counsel ourselves?
- What does "Hope in God" mean to you?
- Anything else you'd like to ask or share about Sunday's sermon?