

Sermon Discussion Questions:

10/5/2025 – Out with the Old, in with the New

Fallen Condition of our Flesh: Because of sin, our flesh is corrupt and deceives us into striving to fulfill God-given desires with worldly falsehoods that can never truly satisfy us.

Main Idea: Only Jesus can trade deceit FOR truth as He continually gives us new life.

Application: We must Repent when deceived, seek Renewal in Christ, and then Remain in Him

Launching Question: Why are lies of the world tempting to us, even though we know truth and satisfaction are found in Christ alone?

Primary Scripture: Ephesians 4:17-24

Discussion Questions:

- Read verse 18, then 2 Corinthians 4:4. What does it mean to be darkened in understanding and what causes this?
 - How does this impact the worldview and how the lost see themselves and the world?
- Do you recall a time you were “alienated from the life of God”, what is the difference between that and now being in Christ? (Ephesians 2:12)
- Read verse 19 – and discuss the Cycle of Rebellion, Numb to sin > Giving ourselves over to it > Actively pursuing it. (see cycle on next page for visual).
 - How have you experienced this cycle of rebellion in your own life?
 - Why would being numb to sin cause the spiral to spin faster and more destructive?
 - How is conviction a gift from the Lord if we are stuck in this cycle, even when it hurts?
 - Why do we, even as Christians, need to be aware of this cycle?
 - Why do you have righteous anger toward sin and the cycle of rebellion?

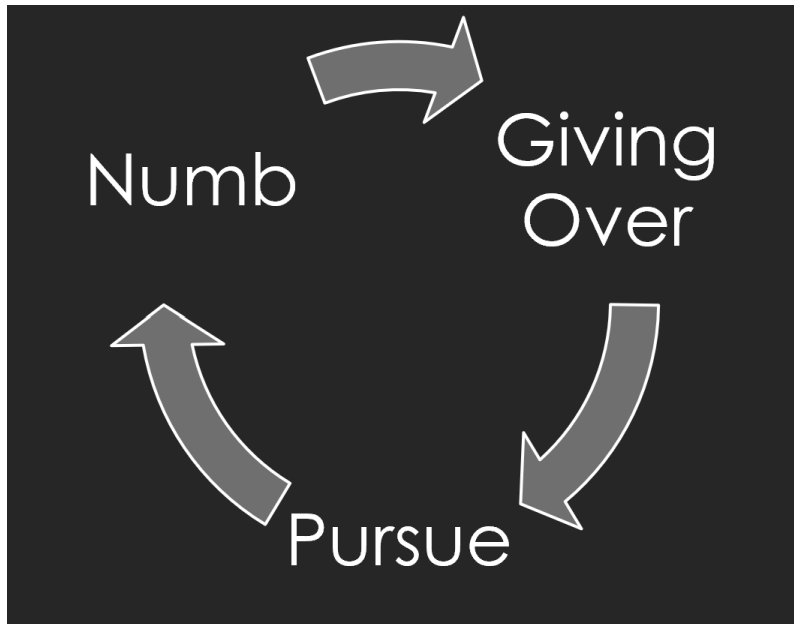
Application Questions:

- What cycle of rebellion are you stuck in right now; OR what steps do you need to take to put off your old self?
- Read the “Main Idea” at the top. If this is true, how do we take steps toward constantly focusing on truth? What distractions do you need to rid your life of to make more time for the Word?
- Read v20-24 and talk through the Cycle of a Changed Life. (visual on page 2)
 - Why is repentance our first step when we find ourselves in sin, and how can you practice this more individually? How can we practice it as a church or GC? Read 1 John 1:9 and encourage each other with it.
 - Why do we need continual renewal from Christ? (think purification, sanctification)
 - How are you actively striving to renew your mind in the Word to trade falsehoods for truth? How do you need to grow in this?

- Read John 15:4-5; What needs to change in your life so you can abide in Christ more consistently?
- What is distracting you from intimacy and nearness with Jesus? How can we pray for you?
- What sin feels like it is strangling you right now? How can we pray for you?
- What lies are you believing right now? How can we pray for you?

Prayer as led based on discussion

Cycle of Rebellion:



Cycle of a Changed Life:

