



## Sermon-Based GC Discussion Questions

**10/19/25**

**Title of Sermon:** *Do Not Grieve the Holy Spirit*

**Main Point of Sermon:** The Holy Spirit grieves when we live like the old self, because He loves us and lives in us—but the same Spirit who grieves is the one who seals us until the day of redemption.

**Launching Question:**

- When you were growing up, what did you think the Holy Spirit was like? (A feeling? A force? A dove? A mystery? An angel?)

**Primary Scripture:** Ephesians 4:30

**Discussion Questions:**

- Who is the Holy Spirit? What is the Holy Spirit's role in salvation (Ephesians 1:13-14)?
- Read Ephesians 4:25-32. What does it mean that we can grieve the Holy Spirit? How is "grieve" different from "anger" or "offend"? How do the sins listed there (lying, anger, stealing, corrupt speech, bitterness, etc.) help us understand how we grieve the Spirit?
- What are some ways a church can grieve the Spirit together (gossip, disunity, unused gifts, trivializing eternity)?
- The image of spiritual gifts as unopened Christmas presents was used during the sermon. How does that picture help you understand the Spirit's grief when we don't use our gifts?
- Believers grieve the Holy Spirit, while unbelievers resist Him (Acts 7:51). Why is that distinction important? How does it help someone who is worried they've "gone too far" or committed some unforgivable sin?
- What does it mean that the Spirit is a "seal"?

**Application Questions:**

- When are you most prone to "forget" the Spirit's presence in everyday life? How does remembering 'whatever I do, I do in His presence' begin to change that?
- Grieving the Spirit doesn't break the relationship but hurts the fellowship (like a married couple in the same house not speaking). Where do you feel that kind of "distance" from God right now? What might it look like to move toward restored fellowship?
- The Spirit not only grieves because of sin but grieves because "we're settling for mud pies instead of joy" (C.S. Lewis quote). Can you name a "mud pie" in your life right now—something small you cling to that's keeping you from deeper joy in God?
- Assess the three diagnostic questions to determine if you have the "seal" of the Holy Spirit:
  - Do you believe in Jesus as Lord?
  - Do you desire holiness?
  - Do you see any fruit of the Spirit growing in you?



- The Spirit grieves because He loves you and is for you, not because He's eager to abandon you.
  - o How would your fight against sin look different if you really believed that He is lovingly walking with you, not a harsh critic waiting for you to fail?

***Prayer Focus:***

- Pray for specific ways that we can honor the unity of the Spirit in the church and strengthen fellowship with His presence.
- Pray for our upcoming City Serve this coming Sunday. Pray for our volunteers and all those who will be served and blessed through the various projects.