

## **FEAR NOT!**

By Pastor Lee Allen Jenkins  
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*The LORD is my shepherd; I shall not want. He makes me lie down in green pastures. He leads me beside still waters. He restores my soul. He leads me in paths of righteousness for his name's sake. Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me. You prepare a table before me in the presence of my enemies; you anoint my head with oil; my cup overflows. Surely goodness and mercy shall follow me all the days of my life, and I shall dwell in the house of the LORD forever. **Psalm 23:1-6 (ESV)***

**Fear is the number one reason human beings are tempted to  
avoid doing what God asks them to do.**

John Ortberg

*Even though I walk through the **valley of the shadow of death**, I will fear no evil, for you are with me; your rod and your staff, they comfort me.*

**Psalm 23:4 (ESV)**

*Even when I walk through the **darkest valley**, I will not be afraid, for you are close beside me. Your rod and your staff protect and comfort me.*

**Psalm 23:4 (NLT)**

**We may enjoy God on the mountain tops,  
but we get to know Him intimately in the valleys.**

### **Dark Valleys...**

- **Are Unavoidable.**
- **Are Unpredictable.**
- **Are Impartial.**
- **Are Temporary.**
- **Have a Purpose**

## When You Are Going Through A Dark Valley In Your Life...

1. You must **REFUSE** to let **FEAR** control you.

*Even though I walk through the valley of the shadow of death, I will fear no evil... Psalm 23:4 (ESV)*

False Evidence Appearing Real

**Never allow the no of fear to override the yes of faith.**

*For God has not given us a spirit of fear and timidity, but of power, love, and self-discipline. 2 Timothy 1:7 (NLT)*

2. You must **RELY** on the **PRESENCE** of the shepherd.

*Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me... Psalm 23:4 (ESV)*

3. You must **REST** in the **PROTECTION** of the shepherd.

*Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me. Psalm 23:4 (ESV)*

*Don't be afraid. I am with you. Don't tremble with fear. I am your God. I will make you strong, as I protect you with my arm and give you victories. Isaiah 41:10 (CEV)*