

HOW TO FIND TRUE LOVE!

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*I want you to be free from the concerns of this life. An unmarried man can spend his time **doing the Lord's work** and thinking how to please Him. But a married man has to think about his earthly responsibilities and how to please his wife. His interests are divided.*

*In the same way, a woman who is no longer married or has never been married can be **devoted to the Lord** and holy in body and in spirit. But a married woman has to think about her earthly responsibilities and how to please her husband. I am saying this for **your benefit**, not to place restrictions on you. I want you to do whatever will help you **serve the Lord best**, with as few distractions as possible.*

1 Corinthians 7:32-35 (NLT)

LOVE MYTHS:

Myth: "Love is about finding the missing half, the one person who will complete you."

Reality: A healthy relationship is made up of two wholesome people.

Myth: "Once I find my true love, I'll be happy!"

Reality: Another person should never be the source of your happiness. If you're not happy single, you won't be happy married!

Myth: "Love means everlasting happiness. Couples in love, are always happy and sharing laughter and giggles all the time."

Reality: Love is not a fairy tale! Relationships have seasons, just like the weather.

Myth: "People in love never fight. They just live happily ever after."

Reality: No two people are alike, so it is natural that some friction will occur, even in a healthy relationship.

Myth: "Living together before marriage is a good way to get to know each other."

Reality: If you're shacking, you may need to get packing! Researchers found that couples who cohabitated before marriage had a 33 percent higher chance of divorcing than couples who moved in together after the wedding ceremony.

Myth: "I can change him/her."

Reality: When people show you who they are, believe it!

Myth: "Our marriage will work because we are Christians!"

Reality: One out of three Christian marriages end in divorce.

HOW TO FIND TRUE LOVE!

1. Be content with where you are.

For I have *learned to be content* whatever the circumstances.

Philippians 4:11b (NIV)

2. Get busy doing God's work!

For we are his workmanship, *created in Christ Jesus for good works*, which God prepared beforehand, that we should walk in them. **Ephesians 2:10 (ESV)**

3. Make sure you are emotionally and spiritually healthy.

But when the Holy Spirit controls our lives he will produce this kind of fruit in us: *love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control*. **Galatians 5:22-23a (NLT)**

4. Stay committed to the Lord.

Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight.

Proverbs 3:4-5 (NIV)