

RECHARGE MY SOUL!

By Pastor Lee Allen Jenkins

October 10, 2021

*The LORD is my shepherd; I shall not want. ² He makes me lie down in green pastures. He leads me beside still waters. ³ He restores my soul. He leads me in paths of righteousness for his name's sake. ⁴ Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me. ⁵ You prepare a table before me in the presence of my enemies; you anoint my head with oil; my cup overflows. ⁶ Surely goodness and mercy shall follow me all the days of my life, and I shall dwell in the house of the LORD forever. **Psalm 23:1-3 (ESV)***

*The Lord is my shepherd; I shall not want. **Psalm 23:1 (ESV)***

You and I are like sheep, and we desperately need a shepherd, and that shepherd is the Lord.

*He makes me lie down in green pastures. He leads me beside still waters. He restores my soul. He leads me in paths of righteousness for his name's sake. **Psalm 23:2-3 (ESV)***

Rest, Restoration, Righteousness

In order to Recharge My Soul, I must...

1. Allow my Shepherd to posture me for **REST**.

*He **makes me lie down** in green pastures. He **leads me** beside still waters. **Psalm 23:2 (ESV)***

Rest refreshes the soul. Stress erodes the soul.

*Without the help of the Lord it is useless to build a home or to guard a city. It is useless to get up early and stay up late in order to earn a living. **God takes care of his own, even while they sleep. Psalm 127:1-2 (CEV)***

2. Allow my Shepherd to prepare me for **RESTORATION**.

*He **restores** my soul. **Psalm 23:3a (ESV)***

Create in me a new, clean heart, O God, filled with clean thoughts and right desires. Don't toss me aside, banished forever from your presence. Don't take your Holy Spirit from me. Restore to me again the joy of your salvation, and make me willing to obey you. Psalm 51:10-12 (TLB)

3. Allow my Shepherd to position me for **RIGHTEOUSNESS**.

He leads me in paths of righteousness for his name's sake. Psalm 23:3b (ESV)

Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and He will make your paths straight.

Proverbs 3:5-6 (NIV)

