

## HOW TO GET YOUR GROOVE BACK!

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If you don't conquer your insecurities,  
then your insecurities will conquer you.

Now go, for I am sending you to Pharaoh. You must lead my people Israel out of Egypt." But Moses protested to God, "Who am I to appear before Pharaoh?

Who am I to lead the people of Israel out of Egypt?"

Exodus 3:10-11 (NLT)

Self-esteem is...

It is that deep down feeling you have about yourself.

"At that time Moses was born—a beautiful child in God's eyes. His parents cared for him at home for three months. When they had to abandon him, Pharaoh's daughter adopted him and raised him as her own son. Moses was taught all the wisdom of the Egyptians, and he was powerful in both speech and action.

Acts 7:20-22 (NLT)

"One day when Moses was forty years old, he decided to visit his relatives, the people of Israel. He saw an Egyptian mistreating an Israelite. So Moses came to the man's defense and avenged him, killing the Egyptian. Moses assumed his fellow Israelites would realize that God had sent him to rescue them, but they didn't.

"The next day he visited them again and saw two men of Israel fighting. He tried to be a peacemaker. 'Men,' he said, 'you are brothers. Why are you fighting each other?' "But the man in the wrong pushed Moses aside. 'Who made you a ruler and judge over us?' he asked. 'Are you going to kill me as you killed that Egyptian yesterday?'

When Moses heard that, he fled the country and lived as a foreigner in the land of Midian. There his two sons were born. Acts 7:23-29 (NLT)

One day Moses was tending the flock of his father-in-law, Jethro, the priest of Midian. He led the flock far into the wilderness and came to Sinai, the mountain of God. Exodus 3:1 (NLT)

## In order for you to Get Your Groove Back, you must...

### 1. Get in GOD'S PRESENCE.

There the angel of the Lord appeared to him in a [blazing fire from the middle of a bush](#). Moses stared in amazement. Though the bush was engulfed in flames, it didn't burn up. "This is amazing," Moses said to himself. "Why isn't that bush burning up? I must go see it."

When the Lord saw Moses coming to take a closer look, God called to him from the middle of the bush, "Moses! Moses!" "Here I am!" Moses replied.

"Do not come any closer," the Lord warned. "Take off your sandals, for you are standing on holy ground. I am the God of your father — the God of Abraham, the God of Isaac, and the God of Jacob." When Moses heard this, he covered his face because he was afraid to look at God. Exodus 3:2-6 (NLT)

Now go, for I am sending you to Pharaoh. [You must lead my people Israel out of Egypt](#). Exodus 3:10 (NLT)

### 2. Stop MAKING EXCUSES!

Excuses Moses Made:

But Moses protested to God, "[Who am I](#) to appear before Pharaoh? [Who am I](#) to lead the people of Israel out of Egypt?" Exodus 3: 11 (NLT)

But Moses protested again, "[What if they won't believe me or listen to me?](#) What if [they say](#), 'The Lord never appeared to you?'" Exodus 4:1 (NLT)

But Moses pleaded with the Lord, "O Lord, [I'm not very good with words](#). I never have been, and I'm not now, even though you have spoken to me. [I get tongue-tied](#), and [my words get tangled](#)." Exodus 4:10 (NLT)

But Moses again pleaded, "Lord, please! [Send anyone else](#)." Exodus 4:13 (NLT)

### 3. Rely on GOD'S STRENGTH.

But Moses protested to God, "[Who am I](#) to appear before Pharaoh? [Who am I](#) to lead the people of Israel out of Egypt?"

God answered, "[I will be with you](#). And this is your sign that I am the one who has sent you: When you have brought the people out of Egypt, you will worship God at this very mountain."

But Moses protested, "If I go to the people of Israel and tell them, 'The God of your ancestors has sent me to you,' they will ask me, 'What is his name?' Then what should I tell them?"

God replied to Moses, "I Am who I am. Say this to the people of Israel: I Am has sent me to you."

God also said to Moses, "Say this to the people of Israel: Yahweh, the God of your ancestors—the God of Abraham, the God of Isaac, and the God of Jacob—has sent me to you. This is my eternal name, my name to remember for all generations. Exodus 3: 11-15 (NLT)

