Series: Own Your Past, Change Your Future

Message #3: I'm Lonely, How Do I Make Friends?

Speaker: Spencer Bernard

Icebreaker:

What are the most important things in your life?

The "sermon in a sentence:"

To build real friendships, tear down some walls.

General Discussion: Read Matthew 22:36-40 [Groups of 4]

- 1. Jesus says to love God with all of our heart, soul, and mind... With which of these three do you love God the most? Which needs to grow?
- 2. How does Jesus summarize the essence of the Law and Prophets in the Great Commandment?
- 3. Can you love God with all your heart without loving others? Why or why not?
- 4. How does loving your neighbor as yourself connect to building healthy relationships?
- 5. Think about your daily life. What things compete with prioritizing relationships?
- 6. How can we practically invest time and energy into our relationships with family, friends, and even those outside our immediate circle?

Gospel-Centered Discussion:

- 7. Read John 15:14. How does Jesus' eternal relationship with us affect your love for others?
- 8. What do you think it means to be called "Friend" by Jesus?

Application Prayer:

Re-read #4 above and pray for the person on your right.