



Ted #1: Trying to Understand Her

Rob & Michelle Busse

"In the same way, you husbands must give honor to your wives. Treat your wife with understanding as you live together. She may be weaker than you are, but she is your equal partner in God's gift of new life. Treat her as you should so your prayers will not be hindered." 1 Peter 3:7

DISCUSSION QUESTIONS:

1. Wives, what are some ways your husband has grown in understanding since you got married?
2. Wives, what are some areas that you could use a little more understanding from your husband? Be as specific as possible with things you have gone through or are going through. If there are any ways that either of you (husbands included) have felt misunderstood, gently bring those up.
3. What are some things you could do to try to grow in understanding of your spouse? If you are struggling to come up with something, maybe your spouse can help you out.

Ted #2: Navigating Sex

Brent & Mary Knox

"The husband should fulfill his wife's sexual needs, and the wife should fulfill her husband's needs. The wife gives authority over her body to her husband, and the husband gives authority over his body to his wife. Do not deprive each other of sexual relations, unless you both agree to refrain from sexual intimacy for a limited time so you can give yourselves more completely to prayer. Afterward, you should come together again so that Satan won't be able to tempt you because of your lack of self-control." 1 Corinthians 7:3-5

DISCUSSION QUESTIONS:

1. On a scale of 1 to 10, how much do each of you like sex?
 2. What factors are affecting your desire for sex?
 3. Have you given authority over your body to your spouse?
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Ted #3: Leave & Cleave

Spencer & Lisa Bernard

"This explains why a man leaves his father and mother and is joined to his wife, and the two are united into one". Genesis 2:24

"As the Scriptures say, 'A man leaves his father and mother and is joined to his wife, and the two are united into one.'" Ephesians 5:31

DISCUSSION QUESTIONS:

1. Have you had any "leave and cleave" issues in your marriage? Each of you try to think of at least 1 example.
 2. Why do you think this is an important principle in your marriage?
 3. What are some ways you apply the "leave and cleave" principle in your marriage?
 4. Currently, what would you say are the biggest challenges in creating some separation with your extended family?
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Ted #4: Conflict Resolution

Tim & Brita Weber

"Wives, in the same way submit yourselves to your own husbands Husbands, in the same way be considerate as you live with your wives and treat them with respect as the weaker partner and as heirs with you of the gracious gift of life, so that nothing will hinder your prayers. Finally, all of you, be like-minded, be sympathetic, love one another, be compassionate and humble. Do not repay evil with evil or insult with insult. On the contrary, repay evil with blessing, because to this you were called so that you may inherit a blessing". 1 Peter 3:1a, 1 Peter 3: 7-9

DISCUSSION QUESTIONS:

1. How has your past influenced how you deal with conflict?
 2. How have you struggled as a couple with unresolved conflict in your marriage?
 3. What is currently unresolved? Looking at 1 Peter 3, what are you learning that might help?
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Ted #5: Limits & Boundaries

Mark & Deb Stiglicz

"Teach us to number our days, that we may present to You a heart of wisdom". Psalm 90:12

DISCUSSION QUESTIONS:

1. What are we doing out of a sense of obligation that's actually draining the life out of our marriage?
 2. What limits do we need to embrace in our marriage?
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Ted #6: Intimacy Through Communication

Deacon & Rosanne Ales

"Be happy with those who are happy, and weep with those who weep." Romans 12:15

"In the same way, you husbands must give honor to your wives. Treat your wife with understanding as you live together. She may be weaker than you are, but she is your equal partner in God's gift of new life. Treat her as you should so your prayers will not be hindered." 1 Peter 3:7

DISCUSSION QUESTIONS:

1. What are your communication tendencies in marriage?
 2. In what ways have you learned to "rejoice with those who rejoice, and mourn with those who mourn?"
 3. In what ways do you feel God calling you to grow in your marital communication?
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Ted #7: The Tongue & Listening Well

Joel & Dusti Fredricks

"Understand this, my dear brothers and sisters: You must all be quick to listen, slow to speak, and slow to get angry." James 1:19.

"But no one can tame the tongue. It is restless and evil, full of deadly poison." James 3:8

And [1 John 1:9](#), and [Colossians 3:12-13](#)

DISCUSSION QUESTIONS:

1. Have you been quick to listen, slow to speak, and slow to anger? If not, what do you need to confess to both God and your spouse in terms of your tongue? And your listening?
 2. What do you specifically need to "make every effort to put on" in your marriage...compassion, kindness, humility, gentleness or patience?
 3. What does this look like for you, practically?
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Ted #8: Harmony Through the Years

Jon & Terri Schelkoph

"Live in harmony with each other". Romans 12:16

And [Romans 12:4-6](#), [1 Peter 3:1,7-8](#).

DISCUSSION QUESTIONS:

1. Did anything stand out to you?
 2. How have you adjusted to each other in the past?
 3. How might God be calling you, today, to adjust to harmonize with your spouse in this season of life?
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