

Eyes on the Prize

(Focus Precedes Success)

Getting Started

Welcome your students, gather them in, and open in prayer:

"Lord, quiet the noise in our minds and hearts. Help us see You clearly and keep our eyes on what matters most. Amen."

ASK:

1. Are you a multi-tasker? If so, how many tasks can you actually do *well* at the same time? Give some examples.
2. What's your definition of *focus*?
3. What habits or traits do you think define someone who is truly focused?

SAY:

We live in a fast-paced, distraction-filled world. Notifications, deadlines, people, entertainment, social media—everything is competing for our attention.

And here's the thing... praying for a "28-hour day" won't fix it. If we got more hours, we'd probably just cram in more chaos.

The only way to overcome a scattered life comes down to **one word**: *focus*.

When you know your mission, it's like aiming at a clear bull's-eye—you know where you're going, and distractions lose their power.

Focus takes commitment, but the reward is a fruitful and fulfilling life. As leaders, we need to embrace this truth:

FOCUS PRECEDES SUCCESS.

Teaching Points

1. Focus Transforms Your Life

SAY:

A great leader wakes up knowing the day holds purpose. They start with a mission in mind, keep

Christ at the center, and obey His commands. Focus changes the way you see your time, your choices, and your impact.

ASK:

- Think of one area of your life you're committed to. What's your mission there, and how has focus helped you succeed?
- How do you focus on God daily?
- Take two minutes—write down **7 meaningful things** you want to do every day. Why did each make your list?

2. Focus Blocks Out Distractions

SAY:

Many leaders lose focus, not because they fail, but because they allow distractions to win. Distractions waste resources, drain your passion, and slow down the mission.

ASK:

- What's your biggest distraction right now?
- Share a time you lost focus—what was the result?
- If you stayed locked in and refused distractions, how could it change your leadership?

3. Focus Creates Team Success

SAY:

A focused team wins together. When everyone is locked in on the mission, there's unity, momentum, and victory.

ASK:

- Share a time you saw a focused team win. What made the difference?
- Share a time a lack of focus hurt a team. What happened?

Bible Connection – Noah's Focus

Read **Genesis 6:5–7:24** together.

ASK:

- If you were in Noah’s shoes, how would you have responded to God’s mission?
- What distractions might Noah have faced?
- How do you think he overcame them?
- Because Noah stayed focused, humanity was saved—how does that challenge you?

Extra Scripture:

- **Philippians 3:12–14** – Press toward the goal.
- **Hebrews 12:1–2** – Fix your eyes on Jesus.

Optional Activity – “Islands”

Purpose: Teaches team coordination and focus under pressure.

Students cross a “river” using small “island” blocks, staying connected at all times. If they lose contact or touch the “water,” they start over.

Debrief: How did focus (or lack of it) affect your success?

Living It Out

Partner Discussion:

- How can you remain focused when distractions hit?
- How can you help your team keep focus—even if you’re not the main leader?
- What’s one step you’ll take this week to sharpen your focus?

Closing Challenge

SAY:

Leaders rarely fail because they *quit*. They fail because they get distracted. Decide today to know your mission, lock in, and stay on target.

Memory Verse:

"I press on to reach the end of the race and receive the heavenly prize for which God, through Christ Jesus, is calling us." – **Philippians 3:14**