

**Trending  
Unfollow**

I don't really understand myself, for I want to do what is right, but I don't do it. Instead, I do what I hate. **Romans 7:15** NLT

**Why We Sin**

- I. **Our** \_\_\_\_\_.  
For I was born a sinner— yes, from the moment my mother conceived me. **Psalms 51:5** NLT
  
- II. **Our** \_\_\_\_\_.  
Temptation comes from our own desires, which entice us and drag us away. **James 1:14** NLT
  
- III. **Our** \_\_\_\_\_.  
Then the Lord God said to the woman, "What is this you have done?" The woman said, "The serpent deceived me, and I ate."  
**Genesis 3:13**

**How to Unfollow Sin**

- I. **Run From** \_\_\_\_\_.  
Run from anything that stimulates youthful lusts. Instead, pursue righteous living, faithfulness, love, and peace. Enjoy the companionship of those who call on the Lord with pure hearts.  
**2 Timothy 2:22** NLT
  
- II. **Sit With** \_\_\_\_\_.  
Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous man is powerful and effective. **James 5:16**
  
- III. **Walk With** \_\_\_\_\_.  
**12** Do not let sin control the way you live; **[a]** do not give in to sinful desires. **13** Do not let any part of your body become an instrument of evil to serve sin. Instead, give yourselves completely to God, for you were dead, but now you have new life. So use your whole body as an instrument to do what is right for the glory of God. **Romans 6:12-14** NLT  
  
Then Jesus spoke again to the people, he said, "I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life." **John 8:12**

Additional Notes:

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For I was born a sinner— yes, from the moment my mother conceived me. **Psalms 51:5** NLT

#### II. Our Desires.

Temptation comes from our own desires, which entice us and drag us away. **James 1:14** NLT

#### III. Our Deceptions.

Then the Lord God said to the woman, "What is this you have done?" The woman said, "The serpent deceived me, and I ate."  
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### How to Unfollow Sin

#### I. Run From Sin.

Run from anything that stimulates youthful lusts. Instead, pursue righteous living, faithfulness, love, and peace. Enjoy the companionship of those who call on the Lord with pure hearts.

**2 Timothy 2:22** NLT

#### II. Sit With Friends.

Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous man is powerful and effective. **James 5:16**

#### III. Walk With Jesus.

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