

## **Hoarders Anxiety Overload**

"I am the true grapevine, and my Father is the gardener. 2 He cuts off every branch of mine that doesn't produce fruit, and he prunes the branches that do bear fruit so they will produce even more. 3 You have already been pruned and purified by the message I have given you. 4 Remain in me, and I will remain in you. **John 15:1-4a**

### **Hording Habits:**

#### **I. We \_\_\_\_\_ In Circles.**

**5** Those who live according to the flesh have their minds set on what the flesh desires; but those who live in accordance with the Spirit have their minds set on what the Spirit desires. **6** The mind governed by the flesh is death, but the mind governed by the Spirit is life and peace. **7** The mind governed by the flesh is hostile to God **Romans 8:5-7 NIV**

#### **II. We \_\_\_\_\_ In Circles.**

The tongue has the power of life and death, and those who love it will eat its fruit. **Proverbs 18:21 NIV**

#### **III. We \_\_\_\_\_ In Circles.**

As a dog returns to its vomit, so a fool repeats his foolishness. **Proverbs 26:11**

### **Getting Out Of The Circle:**

#### **I. \_\_\_\_\_.**

**6** Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. **7** Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus. **Philippians 4:6-7**

#### **II. Fix Your \_\_\_\_\_.**

**8** And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise. **Philippians 4:8**

#### **III. \_\_\_\_\_.**

**9** Keep putting into practice all you learned and received from me—everything you heard from me and saw me doing. Then the God of peace will be with you. **Philippians 4:9**

### **Notes:**

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### **Hoarding Habits:**

#### **I. We Think In Circles.**

5 Those who live according to the flesh have their minds set on what the flesh desires; but those who live in accordance with the Spirit have their minds set on what the Spirit desires. 6 The mind governed by the flesh is death, but the mind governed by the Spirit is life and peace. 7 The mind governed by the flesh is hostile to God **Romans 8:5-7 NIV**

#### **II. We Speak In Circles.**

The tongue has the power of life and death, and those who love it will eat its fruit. **Proverbs 18:21 NIV**

#### **III. We Move In Circles.**

As a dog returns to its vomit, so a fool repeats his foolishness. **Proverbs 26:11**

## **Getting Out Of The Circle:**

#### **I. Pray.**

6 Don’t worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. 7 Then you will experience God’s peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus. **Philippians 4:6-7**

#### **II. Fix Your Thoughts.**

8 And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise. **Philippians 4:8**

#### **III. Abide.**

9 Keep putting into practice all you learned and received from me—everything you heard from me and saw me doing. Then the God of peace will be with you. **Philippians 4:9**

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