

**If You Really Knew Me
I'm Struggling**

13 “If only you would prepare your heart and lift up your hands to him in prayer! **14** Get rid of your sins, and leave all iniquity behind you. **15** Then your face will brighten with innocence. You will be strong and free of fear. **16** You will forget your misery; it will be like water flowing away. **Job 11:13-16** NLT

It Starts:

- I. **With a** _____.
- 22** “The eye is the lamp of the body. If your eyes are good, your whole body will be full of light. **23** But if your eyes are bad, your whole body will be full of darkness. If then the light within you is darkness, how great is that darkness! **Matthew 6:22-23**
- II. **With a** _____.
- 5** Those who live according to the sinful nature have their minds set on what that nature desires; but those who live in accordance with the Spirit have their minds set on what the Spirit desires. **6** The mind of sinful man is death, but the mind controlled by the Spirit is life and peace; **Romans 8:5-6**
- III. **With a** _____.
- The heart is deceitful above all things... **Jeremiah 17:9a**

He who trusts in his own heart is a fool, But whoever walks wisely will be delivered. **Proverbs 28:26**

It Ends:

- I. **With Your** _____.
- How can a young man keep his way pure? By living according to your word. **Psalm 119:9**
- II. **With Your** _____.
- “I made a covenant with my eyes not to look with lust at a young woman. **Job 31:1** NLT
- I will refuse to look at anything vile and vulgar.
Psalm 101:3a NLT
- III. **With Your** _____.
- 2** Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect. **Romans 12:2** NLT
- 8** Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. **Philippians 4:8**
- IV. **With Your** _____.
- Guard your heart above all else, for it determines the course of your life. **Proverbs 4:23** NLT

Additional Notes:

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13 “If only you would prepare your heart and lift up your hands to him in prayer! **14** Get rid of your sins, and leave all iniquity behind you. **15** Then your face will brighten with innocence. You will be strong and free of fear. **16** You will forget your misery; it will be like water flowing away. **Job 11:13-16** NLT

It Starts:

I. With a Look.

22 “The eye is the lamp of the body. If your eyes are good, your whole body will be full of light. **23** But if your eyes are bad, your whole body will be full of darkness. If then the light within you is darkness, how great is that darkness! **Matthew 6:22-23**

II. With a Thought.

5 Those who live according to the sinful nature have their minds set on what that nature desires; but those who live in accordance with the Spirit have their minds set on what the Spirit desires. **6** The mind of sinful man is death, but the mind controlled by the Spirit is life and peace; **Romans 8:5-6**

III. With a Feeling.

The heart is deceitful above all things... **Jeremiah 17:9a**

He who trusts in his own heart is a fool, But whoever walks wisely will be delivered. **Proverbs 28:26**

It Ends:

I. With Your Standard.

How can a young man keep his way pure? By living according to your word. **Psalms 119:9**

II. With Your Eyes.

“I made a covenant with my eyes not to look with lust at a young woman. **Job 31:1** NLT

I will refuse to look at anything vile and vulgar.

Psalms 101:3a NLT

III. With Your Mind.

2 Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect. **Romans 12:2** NLT

8 Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. **Philippians 4:8**

IV. With Your Heart.

Guard your heart above all else, for it determines the course of your life. **Proverbs 4:23** NLT

Additional Notes:
