

*•He who conceals his sins does not prosper, but whoever confesses and renounces them finds mercy. Proverbs 28:13*

## • THE BEGINNING OF SHAME

*•The man and his wife were both naked, and they felt no shame. Genesis 2:25*

*•Imagine what it would be like not to have any secrets? No skeletons, no guilt...*

Then Lucifer came to destroy...with sin entered shame...

•When we're ashamed we tend to hide...

*•Then the eyes of both of them were opened, and they realized they were naked; so they sewed fig leaves together and made coverings for themselves. 8 Then the man and his wife heard the sound of the LORD God as he was walking in the garden in the cool of the day, and they hid from the LORD.... Genesis 3:7-8*

•They guarded their secret... because of the shame of what they did

•Shame causes us to separate and isolate, and feel desperate...it doesn't have to be big.

•**What are you ashamed of?** It may not be big to anyone else...

•Debt, Lie, cheat, way you look, sexual past, abortion, affair, pornography, victim of abuse- even though their innocent- they bear the guilt, addicted, Marriage, Justin Beiber

## • SATAN'S SHAMEFUL CYCLE- phases

•YOU EXPERIENCE SOMETHING DEEPLY PAINFUL.

•YOU CONNECT WHAT HAPPENED WITH WHO YOU ARE. Guilt and Shame

•**Guilt- I did something bad, Shame- I am bad- Enemy wants you to own it...**

•I was rejected, so I must be worthless.

•I failed, I am a failure

•YOU BECOME A PRISONER TORMENTED BY YOUR PAST.

•You feel a deep sense of separation from God & others... I'll never get over... **I'm trapped**

*•For though we live in the world, we do not wage war as the world does. The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. 2 Corinthians 10:3-4*

•**ochuroma (okh-oo'-ro-mah); to fortify, a prisoner locked by deception.**

•**Why Can't I Get Over This?**

•**We keep going back to check the TRASH**

•Leave your Band-Aid Alone

•**JUDAS: See Matthew 27:3-5- internalized the guilt- Ended his life**

•**PETER: See Matthew 26:75- Look into the eyes of Jesus and accept forgiveness, Pentecost.**

• **One ends in death, the other in changed lives...**

• **The very same thing that is eating away at your soul might be the thing that God uses to change lives.**

- The thing that you despise could be the thing that uses to change others lives...

•No one knew better about the forgiveness of Jesus than Peter...

### • BREAKING FREE

#### •**YOU CAN'T CHANGE THE PAST.**

•*"While the child was still alive, I fasted and wept. I thought, 'Who knows? The LORD may be gracious to me and let the child live.' But now that he is dead, why should I fast? Can I bring him back again? 2 Samuel 12:22-23*

•Innocence lost, marriage, death, it's not coming back- the one thing you would love to change, you can't!

•Duane- Prison, He's not coming back... I have to embrace that God has forgiven me.

•I have to forgive myself.

#### •**CHRIST CAN CHANGE YOUR FUTURE.**

•*And we know that in all things God works for the good of those who love him, who have been called according to his purpose. Romans 8:28*

•The trapeze... Gap A Hold of God with BOTH HANDS!!!

• **You can't change it but God can use it!**

•*"Yet if you devote your heart to (God) and stretch out your hands to him, if you put away the sin that is in your hand and allow no evil to dwell in your tent, then you will lift up your face without shame; you will stand firm and without fear. You will surely forget your trouble, recalling it only as waters gone by... Job 11:13-16*

•*What are you ashamed of?*

•*Is there something in your past you need to release to God?*

•*How can God turn your past hurts into something for His good?*

•*We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ. 2 Corinthians 10:5*

•We don't believe the lies! Of the devil...