

Hope For The Troubled Heart

June 26, 2016

I. A Troubled Heart

John 13:33 “My children, I will be with you only a little longer. You will look for me, and just as I told the Jews, so I tell you now: Where I am going, you cannot come.

John 13:36 Simon Peter asked him, “Lord, where are you going?” Jesus replied, “Where I am going, you cannot follow now, but you will follow later.”

John 14:1 “Do not let your hearts be troubled. You believe in God; believe also in me.”

A. A troubled heart is a normal response to the unknown details of life.

B. Jesus words are a command.

II. Hope for the disciple of Jesus

John 14:1 “Do not let your hearts be troubled. You believe in God; believe also in me.”

A. In times of confusion, the disciple of Jesus holds on to what they believe.

1. Believe in God.

2. Believe in Jesus.

Isaiah 28:16 (NLT) Therefore, this is what the Sovereign Lord says: “Look! I am placing a foundation stone in Jerusalem, a firm and tested stone. It is a precious cornerstone that is safe to build on. Whoever believes need never be shaken.

Psalms 56:3-4 When I am afraid, I put my trust in you. In God, whose word I praise—in God I trust and am not afraid. What can mere mortals do to me?

Isaiah 26:3-4 You will keep in perfect peace those whose minds are steadfast, because they trust in you. Trust in the Lord forever, for the Lord, the Lord himself, is the Rock eternal.

- Do not search in the dark without shining some light.

John 8:12 When Jesus spoke again to the people, he said, "I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life."

B. In times of disappointment, the disciple of Jesus has hope.

John 14:2 "My Father's house has many rooms; if that were not so, would I have told you that I am going there to prepare a place for you?"
Our hope is in Heaven.

1. Our hope is in Christ.

John 14:3 And if I go and prepare a place for you, I will come back and take you to be with me that you also may be where I am.

- Hope comes from relationship.

Psalms 16:11 You make known to me the path of life; you will fill me with joy in your presence, with eternal pleasures at your right hand.

2. God always keeps His word.

John 14:2 My Father's house has many rooms; if that were not so, would I have told you that I am going there to prepare a place for you?

- God does not play games with His people.

C. In times of loss, the disciple of Jesus looks ahead.

1. Our hope is for tomorrow.

John 14:3 And if I go and prepare a place for you, I will come back and take you to be with me that you also may be where I am.

Revelation 22:12-13 "Look, I am coming soon! My reward is with me, and I will give to each person according to what they have done. I am the Alpha and the Omega, the First and the Last, the Beginning and the End.

- Our hope for tomorrow goes beyond the failures and challenges of today.

Deuteronomy 1:29-33 Then I said to you, “Do not be terrified; do not be afraid of them. The Lord your God, who is going before you, will fight for you, as he did for you in Egypt, before your very eyes, and in the wilderness. There you saw how the Lord your God carried you, as a father carries his son, all the way you went until you reached this place.” In spite of this, you did not trust in the Lord your God, who went ahead of you on your journey, in fire by night and in a cloud by day, to search out places for you to camp and to show you the way you should go.

2. Our hope is for today.

John 14:4 “You know the way to the place where I am going.”

- Tomorrow’s promise secures today’s hope.

D. When the disciple of Jesus lacks confidence, they trust God to answer their questions.

John 14:5 Thomas said to him, “Lord, we don’t know where you are going, so how can we know the way?”

1. Sometimes we question what God is doing.
2. Sometimes we questions who we are.
3. Allow your questions to be the catalyst for God's answers.

John 14:6 Jesus answered, “I am the way and the truth and the life. No one comes to the Father except through me.

- Direction is found in Jesus.
- Answers are found in Jesus.
- Life is found in Jesus.
- Salvation is found in Jesus.

4. Jesus is the hope of the troubled heart.