

SERMON DISCUSSION GUIDE

“Navigating Change” – Pastor Jay Heiss

5.19.24

1) What was one of the biggest changes you went through in your life?

Read Exodus 17:8–9 (NLT) – “8 While the people of Israel were still at Rephidim, the warriors of Amalek attacked them. 9 Moses commanded Joshua, ‘Choose some men to go out and fight the army of Amalek for us. Tomorrow, I will stand at the top of the hill, holding the staff of God in my hand.’”

2) Why is it difficult to remain faithful amidst change?

3) Have you ever missed an opportunity because you didn’t want to deal with change?

Read Exodus 17:10-11 (NLT) – “10 So Joshua did what Moses had commanded and fought the army of Amalek. Meanwhile, Moses, Aaron, and Hur climbed to the top of a nearby hill. Obedience brings the blessing of God’s power 11 As long as Moses held up the staff in his hand, the Israelites had the advantage. But whenever he dropped his hand, the Amalekites gained the advantage.”

4) Have you ever directly seen God at work in your life, during a time of change where you didn’t know what the outcome would be?

5) What should we do to stay prepared for the good and bad that comes our way?

Read Exodus 17:12 (NLT) – “12 Moses’ arms soon became so tired he could no longer hold them up. So Aaron and Hur found a stone for him to sit on. Then they stood on each side of Moses, holding up his hands. So his hands held steady until sunset.”

6) Are you better at things you do on your own or are you better when you are working with others? Why?

7) Who has been your biggest support during times of change?

8) Have you ever been a support to someone going through change? What did you do?

Prayer: Take time to pray for any changes coming for those in your group.