

WARNING SIGNS – Discussion Guide

1. Have I Lost My Joy and Gratitude? (Galatians 4:15)

- Joy can slowly be replaced by criticism.
- Gratitude can drift into entitlement.
- Blessing can turn into bitterness.
- A heart for others can become self-focused.

Discussion Questions:

- What are some subtle ways joy gets replaced by criticism in everyday life?
- When have you noticed entitlement creeping into your thinking?
- How can we recognize bitterness before it takes root?

Follow-Up Prompt:

- Which of the four responses (Repent, Rejoice, Remember, Give Thanks) do you most need to lean into this week?

Key Takeaways:

- Joy and gratitude are indicators of spiritual health.
- Losing them is often gradual, not sudden.
- Spiritual reset starts with intentional response, not just awareness.

2. Am I Resistant to the Truth? (Galatians 4:16)

- Resistance can show up toward God's Word.
- Resistance can also show up toward the Holy Spirit.
- God's kindness is meant to lead us to change, not comfort in staying the same.

Discussion Questions:

- Why do you think truth can sometimes feel offensive instead of helpful?
- What are common ways people resist God's Word without realizing it?
- How can we become more open to the Holy Spirit's correction?

Follow-Up Prompt:

- Ask God to reveal one area where you may be resisting truth, and share (if comfortable) next week.

Key Takeaways:

- Resistance is often a heart issue, not an information issue.
- Growth requires honesty and humility.
- God's correction is always rooted in His kindness.

3. Are Things Keeping Me From God's Best for Me? (Galatians 4:18; 5:7)

- Distractions can look good but still pull us off course.
- Not everything pulling your attention is helping your growth.
- We must intentionally move toward what is best, not just what is available.

Discussion Questions:

- What are some “good” distractions that can still keep us from God's best?
- How can you tell when something is holding you back spiritually?
- What does it look like practically to “move toward what is best”?

Follow-Up Prompt:

- Identify one distraction to reduce or remove this week.

Key Takeaways:

- Spiritual drift often comes from distraction, not rebellion.
- Awareness of distractions leads to intentional choices.
- Growth requires movement, not just intention.

4. Are the Right People Concerned for Me? (1 Corinthians 15:33)

- The right people are faithful.
- The right people are wise.
- The right people are spiritual.
- The right people are God-placed.

Discussion Questions:

- Who are the people currently influencing your life the most?
- What qualities make someone a “right person” spiritually?
- How can we become the right kind of influence for others?

Follow-Up Prompt:

- Take a step this week to strengthen one relationship that helps you grow spiritually.

Key Takeaways:

- Relationships shape direction.
- Influence is unavoidable, so it must be intentional.
- God uses people as part of our spiritual formation.

5. Am I Becoming More Like Jesus? (2 Corinthians 13:5)

- Growth shows up in choices, actions, words, and thoughts.
- It also shows in motives, desires, and both public and private life.
- Spiritual maturity is becoming more like Christ over time.

Discussion Questions:

- Which area listed (choices, words, thoughts, motives, etc.) is hardest for you right now?
- Why is private life just as important as public life in spiritual growth?
- What does “becoming more like Jesus” look like practically this week?

Follow-Up Prompt:

- Choose one area to intentionally grow in and share a specific action step.

Key Takeaways:

- Spiritual growth is measurable over time.
- Transformation is holistic, not partial.
- The goal is not perfection, but progress toward Christlikeness.

Optional Reflection and Prayer

- Ask God to search your heart and reveal any warning signs that need attention.
- Pray for a renewed joy, openness to truth, and clarity on next steps.
- Invite the Holy Spirit to continue forming Christ in you daily.