

LIFE ON THE EDGE

Five Truths for Life on the Edge

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January 25, 2026

1. When I Need Strength, Borrow and Renew Strength: Psalms 29:11; Philippians 4:13; Isaiah 40:25–31

- God does not ask us to manufacture strength we do not have. He invites us to receive His.
- Borrowed strength comes from dependence on the Lord, not self-effort.
- Renewed strength comes from trusting God daily and staying connected to His Word.

Discussion Questions

- Where do you feel most drained or weak right now?
- What does it look like for you to borrow strength from the Lord instead of pushing through on your own?
- How does Isaiah 40 reshape the way you view exhaustion and burnout?

2. When I Need Courage, Remember There Is Strength That Is Not Small: Proverbs 24:10

- Pressure reveals where we are drawing our strength from.
- Courage is not the absence of fear, it is choosing faith in the middle of it.
- God offers strength that is greater than our limitations.

Discussion Questions

- How do you typically respond when pressure increases?
- What situations in your life right now require courage rather than comfort?
- What might it look like to rely on God's strength instead of your own resolve?

3. When I Am Afraid, Move My Trust to God: Psalms 56:3–4

- Fear is real, but it does not have to be in control.
- Trust is a choice we make when fear shows up.
- God's Word helps us shift perspective from threat to promise.

Discussion Questions

- What fears tend to surface most often in your life?
- How does choosing trust change your response to fear?
- What practical steps help you move your trust to God in the moment?

4. When I Am Discouraged, Move My Hope to God: Psalms 42:11; Joshua 1:9

- Discouragement often begins in our thinking.
- Scripture reminds us to speak truth to ourselves instead of believing every thought.
- God's presence is the anchor for our hope.

Discussion Questions

- How do you usually talk to yourself when you feel discouraged?
- What does it mean to put your hope back in God instead of circumstances?
- How does knowing God is with you change how you face discouragement?

5. When I Stand on the Edge, Remember God Is With Me: Isaiah 43:1–2; Matthew 28:19–20; John 14:16–18

- God’s presence does not remove the edge, but it removes our need to fear it.
- Jesus is with us to fulfill God’s purpose through our lives.
- The Holy Spirit is both alongside us and within us every day.

Discussion Questions

- Where do you feel like you are standing “on the edge” right now?
- Which promise of God’s presence speaks most clearly to you in this season?
- How does knowing you are not alone change the way you approach what is ahead?

Follow-Up Prompt

This week, pay attention to moments when you feel weak, afraid, or discouraged. Pause and intentionally move your strength, trust, or hope back to God through prayer or Scripture.

Key Takeaways

- God’s Word is our weapon for victory.
- Strength, courage, trust, and hope all grow when they are rooted in God.
- You never stand on the edge alone, God the Father, Jesus, and the Holy Spirit are with you.

Reflection and Prayer

Take a moment of quiet reflection. Ask God to show you where you have been relying on your own strength instead of His. Pray together, thanking God for His constant presence and asking for renewed strength, courage, trust, and hope for the week ahead.