

# Soul Care

JOHN 14:27

ANXIETY  
WORRY  
STRESS  
DEPRESSION

what does my soul really long for? 🔍

FIRST THINGS FIRST

MATTHEW 6:33-34

## THE *Problem* IN MOST OF OUR LIVES TODAY:

GOD IS IN THE  
\_\_\_\_\_

HE IS NOT  
\_\_\_\_\_

- "FOR THIS REASON I SAY TO YOU, DO NOT BE \_\_\_\_\_ ABOUT YOUR LIFE..."
- "AND WHO OF YOU BY BEING \_\_\_\_\_..."
- "AND WHY ARE YOU \_\_\_\_\_ ..."
- "DO NOT \_\_\_\_\_ THEN ..."
- "SO DO NOT \_\_\_\_\_ ..."

MATTHEW 6

## *The Solution* TO WORRY



ARE YOU  
\_\_\_\_\_

OR  
\_\_\_\_\_

#1

HIS \_\_\_\_\_

#2

HIS \_\_\_\_\_

MATTHEW 6:33

**ONE** COMMUNITY  
CHURCH

DIGITAL SERMON  
NOTES



GOT QUESTIONS?

gotquestions@visitonecc.com (email) | (469) 609-1909 (text/call)

# 3 THINGS TO DO *Today*

\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

DON'T FEAR  
\_\_\_\_\_



MATTHEW 6:34

## *First* HOW TO PUT GOD

**1**  
BECOME A  
\_\_\_\_\_

**2**  
\_\_\_\_\_

ROMANS 12:1-2

## THE *Password* TO HEALTHY SOUL CARE:



\_\_\_\_\_

\_\_\_\_\_ 🔍

THE DIFFERENCE BETWEEN A  
DECISION-MAKER AND A  
FOLLOWER

INSTEAD OF BEING DEFINED BY \_\_\_\_\_, HE WANTS  
YOU TO BE DEFINED BY \_\_\_\_\_.



TAKE YOUR NEXT STEP  
A New Downloadable Book