

Beautiful Mess- Parent Traps Sunday November 9, 2025
Pastor Bonnie Klein

States of our brain:

Green- Brain can _____

Yellow- Brain is _____

Red- Brain is _____

7,7,7 Rule #1 Parenting your child's brain

_____ for first 7 years

_____ for next 7

_____ for last 7

3 Parent Traps

Trap 1: _____ (Stuck in Red)

1 John 4:15-21

You need to discern if your actions and reactions are rooted in
_____ or in _____.

Ephesians 6:1-4, Colossians 3:20-21, Ephesians 5:33

_____ parenting style has a balance of connection and
correction.

7,7,7 Rule #2 Regulating your body

_____ for 7 seconds

_____ for 7 seconds

_____ for 7 seconds

Trap 2: _____ (Moving Slowly in Yellow)

Have you put God in a box? Psalm 147:5, Isaiah 40:28

Have you put yourself in a box? 2 Cor 5:17, John 1:12, Eph 2:10

Have you put your child in a box? Psalm 139

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7,7,7 Rule #2

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Trap 3: _____ (Moving Slowly in Yellow)

7,7,7 Rule #3 Connecting with your child

7 Minutes in the _____

7 Minutes _____

7 Minutes at _____

Reflection

Which of the 7,7,7 rules could you implement this week to help your family stay green?

Is there any way that you view yourself or your child that does not line up with your/their identity in Christ?

Ask God to help you see your child the way He sees them and pray about which giftings in them He wants you to help nurture and grow.

Trap 3: _____ (Moving Slowly in Yellow)

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