



5 Day Devotionals for I AM Worship Church

I Disagree

Pastor Mark Ogletree • Sunday, September 6, 2026



Day 1: You Are Not Alone in This Fight

Reading: 1 Corinthians 10:13 — This verse assures believers that no temptation they face is unique to them; it is common to human experience, and God always provides a way through it.

Devotional: One of the enemy's most effective weapons is isolation. He wants you to believe that your struggle is yours alone — that if anyone truly knew what you were battling, they would walk away. But Scripture declares otherwise. Every person sitting beside you in church, every believer who has ever lived, has faced the pull of temptation. That is not a reason for shame. It is a reason for honesty. Temptation is not evidence that you are weak or unloved by God. It is evidence that you are human. The moment you stop hiding and start bringing your struggle into the light, you rob the enemy of his most powerful tool. You are not alone. You never were.

Reflection: What have you been carrying in secret that you have convinced yourself no one else would understand?

Practical Application: Identify one trusted, spiritually mature person in your life. This week, take one step toward an honest conversation with them about something you have been carrying alone.

Day 2: Know Your Appetite, Recognize the Bait

Reading: James 1:14-15 — This passage describes how temptation works by appealing to a person's own desires, drawing them away and enticing them toward sin.

Devotional: The enemy is not a random attacker. He is a careful student of your life. He studies what you search for, what you reach for when you are tired, lonely, or afraid. He does not tempt you with what you hate. He tempts you with what you love. He presents a legitimate desire — for love, for peace, for intimacy, for security — and offers you a counterfeit path to satisfy it. The lure is always designed to hide the hook. No one walks into destruction with their eyes open. They walk in looking at something that looks like relief. The most important thing you can do is name the appetite so you can recognize the bait when it comes.



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Reflection: What legitimate desire has the enemy been exploiting in your life? Where have you sought to satisfy a real need through an unhealthy or sinful path?

Practical Application: Write down the specific appetite the enemy has been targeting. Then write down one God-honoring way to meet that same need. Bring both before the Lord in prayer today.

Day 3: Stop Agreeing With the Enemy

Reading: 2 Corinthians 10:5 — This verse calls believers to tear down arguments and every proud obstacle raised against the knowledge of God, taking every thought captive to obey Christ.

Devotional: There is a critical moment between a thought entering your mind and that thought taking root in your life. That moment is called agreement. You cannot always stop a thought from arriving at the door of your mind. But you do not have to open the door and invite it to stay. There is a difference between noticing something and entertaining it. There is a difference between temptation knocking and you welcoming it inside. Some thoughts simply need to hear you say out loud: I disagree. The quicker you disagree, the less opportunity temptation has to grow. You do not have to agree with everything you feel. Your feelings are real, but they are not always from the Lord.

Reflection: What thought, lie, or narrative have you been agreeing with for far too long? What would it mean to stop pulling up a chair for it?

Practical Application: Choose one lie you have been entertaining — about your identity, your past, your future, or your worth — and write a declaration of disagreement based on a specific truth from Scripture.

Day 4: Transformed Appetites, Not Just Better Behavior

Reading: Psalm 37:4 — This verse calls believers to find their deepest delight in the Lord, with the promise that as they do, He shapes and fulfills the desires of their hearts.

Devotional: Behavior modification is not transformation. You can come to church, smile in the right places, say the right things, and still be hooked. The goal is not to try harder. The goal is to want differently. When your greatest source of satisfaction becomes your relationship with God — not a person, not a position, not



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a possession — something begins to shift. The desires that once pulled you toward destruction begin to lose their grip. Not because you became stronger, but because you became more satisfied. As you draw closer to Him, your appetite changes. And when your desires align with His will, He gives freely. This is the promise of Psalm 37:4, rightly understood.

Reflection: Where are you currently seeking your deepest satisfaction? Is there anything competing with God for the place of your greatest delight?

Practical Application: Spend fifteen minutes today in unhurried worship — not asking for anything, simply delighting in who God is. Notice what shifts in your perspective when satisfaction begins with Him.

Day 5: The Way Out Has a Name

Reading: Romans 8:1 — This verse declares that there is no condemnation for those who are in Christ Jesus, who walk according to the Spirit rather than the flesh. John 14:6 — Jesus declares that He is the way, the truth, and the life, and that no one comes to the Father except through Him.

Devotional: If you have already bitten the hook, there is still good news. Jesus is not only powerful enough to keep you from getting hooked. He is powerful enough to get the hook out. The cross is still enough. The blood is still enough. Grace is still enough. The way out of whatever you are facing is not found in a technique, a program, or sheer willpower. The way out has a name, and His name is Jesus. He broke the power of sin at Calvary. He rose from the grave. And the same Spirit that raised Him is alive in you today. Stop digging up what Jesus has already covered. Surrender is not weakness. It is the beginning of real freedom.

Reflection: Is there something you have repented of but continue to condemn yourself for? What would it look like to truly receive the grace that has already been extended to you?

Practical Application: Write out Romans 8:1 by hand and place it somewhere you will see it daily this week. Every time condemnation rises, speak it aloud as a declaration of what God says is true about you in Christ.