



Discipleship Guide
Clean the Feet & Watch for
Denial
John 13

This guide was created to help you engage with the message and create deeper engagement with our worship services. Each week this guide will encourage you to reflect on two primary questions using the framework of Up (with God), In (with church) and Out (with neighbors). As we use this guide to reflect on the scriptures and your relationship with God, each other and your neighbors, consider pausing for a moment in quiet before jumping into the questions.

Weekly Questions:

- How is God getting my attention? For help, think about these areas:
 - How are you living up with God?
 - How are you living in community with other followers of Jesus?
 - How are you living out on mission with your neighbors?
- What are you going to do about it?

John 13:1-16 & 31-38

In verses 14 & 15 Jesus gives us all some simple instructions for our relationships: find your towel and wash one another's feet.

- When you have an issue with someone, what does it look like to find your towel and serve them amidst disagreement?
- What is one of your favorite ways to serve someone like Jesus?

Jesus washes the feet of his friends who will shortly abandon, betray and deny him.

- Sometimes people sabotage help to remain in control. What does it look like to serve people even though they don't always appreciate it in return?
- How can you resist serving others only if they serve you?

Jesus tells Peter at the end of this section that we should be known by love.

- What are some common ways that we fail to show love in public?
- What are some ways you could grow in being known by love in different contexts (e.g. work, social media, friends, school, family, etc.)?

For our kids (and adults too!):

What is one way you can serve someone this week (even if they aren't kind to you)?

After reflection, what are you going to do about what you learned this week?