



This guide is an invitation to follow Jesus with greater purpose and hope. It will help you to explore the scriptures and challenge you to live out your faith. Each week we'd love for you to think about how you relate: **Up** (with God), **In** (with church) and **Out** (with neighbors).

Weekly Questions:

- How is God getting my attention? For help, think about these areas:
- How are you living up with God?
- How are you living in community with other followers of Jesus?
- How are you living out on mission with your neighbors?
- What are you going to do about it?

Devalued: Inhospitable

Read Mark 5

- The phrase "Go in peace" is a common biblical expression, but with Jesus, it's an invitation to a more holistic peace. Describe a time in your life when you experienced a deep peace. What was it like?
- In the story of the Gerasene demoniac (Mark 5:1-20), Jesus restores a man who was an outcast. What does Jesus' interaction with this man tell us about who Jesus seeks to bring peace to, and how can we live that out in our own communities?
- The woman with the bleeding issue (Mark 5:25-34) touches Jesus' cloak in secret, believing it would heal her. She is healed but then is called out by Jesus. Why do you think Jesus insisted on this public interaction after she was already healed?
- Jesus hears the woman's story and she tells Jesus her whole truth. When is the last time you told Jesus your whole truth? When have you been willing to share vulnerably with what you are working through or struggling with to Jesus? Then, Jesus tells the woman, "Go in peace" (Mark 5:34). This isn't just about an absence of conflict or struggle or hard parts of life. How can we, like the woman, take Jesus' peace and use it to love others and live with peace in our daily lives?
- In the story of Jairus' daughter (Mark 5:35-43), Jesus is on His way to heal her when he hears the news that she is already dead. He tells Jairus, "Don't be afraid; just believe." What does this moment reveal about Jesus' peace and His invitation to trust Him, even when our circumstances seem hopeless?
- "Go In Peace" message is also an invitation to find peace within the mission of God. What does it look like for you to find peace in your work, your family, or your calling, especially when it feels challenging or overwhelming?

This week, what is one area of your life where you can invite Jesus to give you His peace? This week, what is one way you can take Jesus's peace and be a peacemaker for a neighbor, friend, or coworker? This week, who is someone you need to forgive or be forgiven by in order to find true peace?

