



Discipleship Guide
Where Are You Running
Easter
John 20:1-20

This guide is an invitation to follow Jesus with greater purpose and hope. It will help you to explore the scriptures and challenge you to live out your faith. Each week we'd love for you to think about how you relate: **Up** (with God), **In** (with church) and **Out** (with neighbors).

Weekly Questions:

- How is God getting my attention? For help, think about these areas:
 - How are you living up with God?
 - How are you living in community with other followers of Jesus?
 - How are you living out on mission with your neighbors?
- What are you going to do about it?

Read John 20:1-20

- How is Jesus different than the God people often look for or want? Is this how you imagined the Creator of the Universe, Lord of all, King, would die? What sticks out to you about Jesus' willingness to die?
- Jesus' last comments before his death are "I am thirsty" and "It is finished". Nicholas Wolterstorff says "God is not only the God of the sufferers but the God who suffers." What does it mean that God can and does suffer? How does Jesus' willingness to suffer help God to be human and like us?
- What does it mean that God is with us, especially in the hardest time of life?
- After Mary discovers the tomb empty she runs to find the other disciples. Then they run to the tomb, too. Where are you running in your life to find Jesus? Where are the places that you are running to tell friends that something has changed? Who are the relationships that help you to make sense of what is happening when everything has changed?
- What are some of the relationships that give your life purpose? Where do you go in life to find meaning and to belong?
- Mary is standing outside of the empty tomb but is weeping. Have you ever had a moment in your life where you are weeping and overwhelmed by change or loss and don't know what to do?
- Jesus' resurrection is the defeat of death. How does the resurrection change our eternal life? Mary becomes aware that it is Jesus when Jesus says her name. What does it mean that Jesus knows your name? That Jesus knows who you are, what you have been through, knows death, betrayal and chooses good instead of harm?
- How can you put the resurrection into practice this week in your everyday life? Who can you love generously because Jesus first loved you?

After reflection, what are you going to do about what you learned this week?