Open It!
How difficult is it for you to see your wound? Why?

Read It!
Genesis 16:1-21

Discover It!
Can you describe Sarai's anxious thoughts in her period of waiting (v. 1-2)?

Why does Sarai bring up her servant Hagar to Abram? How does he respond?

Why Does Sarai get upset after Hagar gets pregnant?

What is Abram's response to Sarai? And why?

Why does Hagar leave and then return? How does this illustrate God's commitment to Abram?

Live It!
What Wounds Lies, Vows and Strongholds do you experience that causes you to not hear God's Voice?

What can you do to get rid of these Wounds?

[1] All verses use *The Holy Bible: English Standard Version* (Wheaton, IL: Crossway Bibles, 2025),

By Faith: Listening to God's Voice
"When the Wounded Heart Speaks"
Genesis 16:1-16
Sunday, October 11, 2026

Sermon Question
Whose Voice do you listen to when your Heart is Wounded?

I. God's Voice gets Lost in our Wounded Heart!

"Now Sarai, Abram's wife, had borne him no children. Behold now, the LORD has prevented me from bearing children." – Gen. 16:1-2

II. God's Voice can be overshadowed by a Wounded Heart

"Go in to my servant; it may be that I shall obtain children by her." And Abram listened to the voice of Sarai.[1]" – Gen. 16:2

III. God's Voice when not believed will cause other wounded hearts.

"But Abram said to Sarai, "Behold, your servant is in your power; do to her as you please." Then Sarai dealt harshly with her, and she fled from her. [23]'; – Gen. 15:6

IV. God's Voice can heal our wounded hearts.

"… Return to your mistress and submit to her." **10** The angel of the Lord also said to her, "I will surely multiply your offspring so that they cannot be numbered for multitude."[4]" – Gen. 15:17b-18a

Application

Don't just ask, 'Why do I behave this way?' Ask, 'What happened to me, what did I begin to believe, what did I decide to do to protect myself, and what pattern has developed?' Then bring all of it into the presence of Jesus."

What Wound Do I have?

A wound is an experience that causes pain, rejection, fear, shame, betrayal, disappointment, or loss.

What did I begin to believe because of what happened?

What LIE did I come to believe about myself, others, God, or life because of it?"

What Vow did I make so that I would protect myself?

A Vow can begin as attempts to protect ourselves, but eventually they can become barriers to experiencing God's freedom.

What Stronghold pattern has become established in my life

A stronghold is a pattern of thinking, believing, responding, or behaving that has become deeply established. (ie, Anger, Fear, Control, Shame, Bitterness, People-pleasing, Perfectionism, Isolation, Distrust, Anxiety, etc)

Next Step:
Confess, Repent, Ask for Forgiveness, Remove the permission that was given to Satan. Believe and have Faith in the Truth.

[4] *The Holy Bible: English Standard Version* (Wheaton, IL: Crossway Bibles, 2025), Ge 16:9–10.