

### **Open It!**

Share a memory of a time when your mother forbade you from eating something. How did that go for you?

### **Read It!**

Genesis 2:15-17 and 3:1-8

### **Discuss It!**

What was the serpent's (Satan's) first scheme in seeking to deceive woman (3:1)? What questions might Satan whisper in your ear to cause you to doubt God's goodness?

Compare God's words with woman's understanding of them. What's added? What's missing? What does this tell you?

God (2:16)

Woman (3:2)

God (2:9)

Woman (3:3)

God (2:17)

Woman (3:3)

What is the danger of adding to or taking away from God's word (See Deut. 4:1-2; 6:12:32; 8:1-3; Joshua 1:7; Proverbs 30:6)?

What was Satan's second scheme to deceive woman (3:4-5)?

How did woman respond (3:6)?

What makes us susceptible to temptation (James 1:14-15)?

What promise does God give us when we are tempted (1 Corinthians 10:13)?

What does the fact that man and women felt shame after their sin teach us about the effects of sin (3:7)?

### **Live It!**

Pray to God asking Him to reveal the questions, lies, and half-truths the evil one has sown in your mind to cause doubt or lead you to disobedience.

Meditate on James 1:14-15 and 1 Corinthians 10:13.

Believe all that God's Word Teaches.

Trust all that God's Word Promises.

Obey all that God's Word Requires.

## **Understanding Our Story from the Beginning**

*The Fall: Choosing Disobedience*

Genesis 3:1-8

Sunday, March 1, 2026

### **Sermon Question**

Why Do We Choose Disobedience?

### **We Don't Recognize Our Enemy**

*Now the serpent was more crafty than any other beast of the field that the Lord God had made.*

Genesis 3:1 (ESV)

### **We Listen to Other Voices**

He [the serpent] said to the woman, "Did God actually say...?"

Genesis 3:2-3

But the serpent said to the woman, "You will not surely die."  
Genesis 3:4-5

### **We Minimize the Consequences**

Then the eyes of both were opened, and they knew...  
Genesis 3:7

### **We Reason and Satisfy Our Desires**

*So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate, and she also gave some to her husband who was with her, and he ate.*  
Genesis 3:6 (ESV)

### **Prayer**

Heavenly Father,  
Thank you for delivering me from the penalty and power of sin through my Savior Jesus Christ who gave himself for me to redeem me for himself. Search and expose the state of my heart. Identify any hurtful way in me. Help me to discern the hiss of the serpent so that I might renounce the lies he has sown in my mind. Graciously train me to say "no" to deceitful thoughts and sinful desires, and "yes" to Your will and ways. I am a new creation in Christ cause me to walk in newness of life as a witness to Your greatness and glory before neighbors, coworkers, family members, and friends. In the all-powerful name of Jesus, Amen.