

Open It!

What is one of the most desirable things on earth? What do people seek or pursue with their time and strength?

Read It!

Psalm 73:1-28

Discuss It!

What was grieving the psalmist Asaph (73:3)?

What does Asaph see when he looks at the lives of the wicked (73:4-12)?

Why did living for God seem like a waste of time (73:13-14)?

Have you ever been tempted to complain to God?

When have you felt like following Jesus was a waste of time?

What was the turning point for Asaph? What awakened him to the truth (73:16-17)?

What did Asaph need to confess about his attitude (73:21-22)?

How would you describe his sin?

What does Asaph remember and acknowledge as true about the LORD God (73:23-24)?

When has God made His presence known to you? When has His Word provided you guidance?

Complete the following thought. Whom have I in heaven but you? And earth has nothing I desire besides you...

Not _____, Not _____,

Not _____, Not _____.

How does Asaph acknowledge his own mortality (73:26)? What reminds you of your mortality?

Where are we to find our strength for today (73:26)?

Live It!

Write a brief prayer in three parts. 1) express your complaint to God; 2) acknowledge the lie you have believed; and 3) declare the truth about who God IS!

Words to Live By

The Strength of My Heart

Psalm 73

Sunday, July 26, 2026

Today's Word to Live By:

Whom have I in heaven but you? And there is nothing on earth that I desire besides you. My flesh and my heart may fail, but God is the strength of my heart and my portion forever.

Psalm 73:25-26 (ESV)

Sermon Question

How Does One Respond to the Inequities of Life?

With Complaint

Surely in vain I have kept my heart pure.

Psalm 73:13 (NIV)

With Confession

*When my heart was grieved and my spirit embittered,
I was senseless and ignorant; I was a brute beast before you.*
Psalm 73:21–22 (NIV)

Confess the Truth about God

Confess Your Sin

Confess Your Need

With Contentment

Contentment with God's Presence
Yet I am always with you; you hold me by my right hand.
Psalm 73:23 (NIV)

Contentment with God's Word
*You guide me with your counsel, and afterward you will take me
into glory.*
Psalm 73:24 (NIV)

Contentment with God Alone
²⁵ *Whom have I in heaven but you? And earth has nothing I
desire besides you.*
Psalm 73:25 (NIV)

Contentment with My Mortality
²⁶ *My flesh and my heart may fail, but God is the strength of my
heart and my portion forever.*
Psalm 73:26 (NIV)