

# WHAT ARE YOU AFRAID OF

## WHAT ARE YOU AFRAID OF FEAR OF INTIMACY

"FOR GOD HAS NOT GIVEN US A SPIRIT OF FEAR, BUT OF POWER, LOVE, AND A SOUND MIND."  
2 TIMOTHY 1:7

WHAT THE FEAR OF INTIMACY CAN DO TO US.

### 1. MAKE US DISTANT

INTIMACY MEANS TO BE SEEN, AND FOR MANY OF US, BEING SEEN FEELS DANGEROUS.

'THEN THE MAN AND HIS WIFE HEARD THE SOUND OF THE LORD GOD AS HE WAS WALKING IN THE GARDEN IN THE COOL OF THE DAY, AND THEY HID FROM THE LORD GOD AMONG THE TREES OF THE GARDEN. BUT THE LORD GOD CALLED TO THE MAN, "WHERE ARE YOU?" HE ANSWERED, "I HEARD YOU IN THE GARDEN, AND I WAS AFRAID BECAUSE I WAS NAKED; SO I HID." '

GENESIS 3:8-10

### 1. MAKE US DEFENSIVE

WE PROTECT OURSELVES WITH BLAME, CONTROL, OR ANGER.

'THE MAN SAID, "THE WOMAN YOU PUT HERE WITH ME—SHE GAVE ME SOME FRUIT FROM THE TREE, AND I ATE IT." '

GENESIS 3:12

HERE IS THE JOY....GOD'S WAY BACK

BUT THE LORD GOD CALLED TO THE MAN, 'WHERE ARE YOU?'

GENESIS 3:9

...LOVE THE LORD YOUR GOD WITH ALL YOUR HEART AND WITH ALL YOUR SOUL AND WITH ALL YOUR MIND...AND THE SECOND IS LIKE IT: 'LOVE YOUR NEIGHBOR AS YOURSELF.'

MATTHEW 22:37-39