

Honest Prayers

Associate Pastor Kailynn Aery

May 31, 2026

Have you ever felt like you weren't good enough to pray or felt like your words weren't as eloquent as they should be? Today we dive into the Word and see how God used honest, raw prayers to meet his people in their hardest moments.

Some of the most powerful prayers in scripture were not eloquent prayers, but instead they were honest cries from broken people.

Ephesians 6:18 (NIV)

¹⁸ “pray in the Spirit on all occasions with **all** kinds of prayers and requests.”

1. Honest prayers ***admit weakness***

Mark 9:24 (NLT)

²⁴ I do believe, but help me overcome my unbelief.”

God works through honest prayers that reveal our weakness, not through our fake confidence.

2 Cor. 12:9-10 (NLT)

⁹ “My grace is sufficient for you, for my power is made perfect in weakness.” Therefore I will boast all the more gladly of my weaknesses, so that the power of Christ may rest upon me.

¹⁰ For the sake of Christ, then, I am content with weaknesses, insults, hardships, persecutions, and calamities. For when I am weak, then I am strong.

2. Honest Prayers Bring ***Real Pain to God***



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3. Honest prayers ***happen in exhaustion***

1 Kings 19:8 (NLT)

⁸ “ate and drank, and the food gave him enough strength to travel forty days and forty nights to Mount Sinai.”

4. Honest prayers come from ***broken people***

Luke 8:17 (NLT)

¹⁷ “For all that is secret will eventually be brought into the open, and everything that is concealed will be brought to light and made known to all.”

5. Honest prayers ***surrender even in suffering***

***Surrendering to God’s will does not mean
we pretend that the pain and suffering doesn’t exist.***

Matthew 26:38 (NLT)

³⁸ “My soul is crushed with grief to the point of death”

Matthew 26:39 (NLT)

³⁹ “My Father! If it is possible, let this cup of suffering be taken away from me. Yet I want your will to be done, not mine.”