

Sermon on the Mount

Do Not Worry

Matthew 6:25-34

October 26, 2025

Matthew 6:25-34 (NLT)

²⁵ “That is why I tell you not to worry about everyday life—whether you have enough food and drink, or enough clothes to wear. Isn’t life more than food, and your body more than clothing? ²⁶ Look at the birds. They don’t plant or harvest or store food in barns, for your heavenly Father feeds them. And aren’t you far more valuable to him than they are? ²⁷ Can all your worries add a single moment to your life? ²⁸ “And why worry about your clothing? Look at the lilies of the field and how they grow. They don’t work or make their clothing, ²⁹ yet Solomon in all his glory was not dressed as beautifully as they are. ³⁰ And if God cares so wonderfully for wildflowers that are here today and thrown into the fire tomorrow, he will certainly care for you. Why do you have so little faith? ³¹ “So don’t worry about these things, saying, ‘What will we eat? What will we drink? What will we wear?’ ³² These things dominate the thoughts of unbelievers, but your heavenly Father already knows all your needs. ³³ Seek the Kingdom of God^[a] above all else, and live righteously, and he will give you everything you need. ³⁴ “So don’t worry about tomorrow, for tomorrow will bring its own worries. Today’s trouble is enough for today.

World Trinity of Cares would be...

- **Food**
- **Clothes**
- **Shelter**

Worry immobilizes us, but trust in God moves us to action.

- A. Worry is the **opposite** of faith.
- B. Worry is **counterproductive** of faith.
- C. Worry **negates** faith.

***“Worry is taking responsibility for something
God never meant for us to handle!”***

1 Peter 5:6-7 (NLT)

⁶ So humble yourselves under the mighty power of God, and at the right time he will lift you up in honor. ⁷ Give all your worries and cares to God, for he cares about you.

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Proverbs 3:5-7 (NLT)

⁵ Trust in the LORD with all your heart; do not depend on your own understanding. ⁶ Seek his will in all you do, and he will show you which path to take. ⁷ Don't be impressed with your own wisdom. Instead, fear the LORD and turn away from evil.

Little faith - *lacking confidence* (in Christ):—of little faith.

Matthew 17:20 (NIV)

²⁰ He replied, "Because you have so little faith. Truly I tell you, if you have faith as small as a mustard seed, you can say to this mountain, 'Move from here to there,' and it will move. Nothing will be impossible for you."

Philippians 4:6-7 (NIV)

⁶ Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. ⁷ And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

Philippians 4:8-9 (NIV)

⁸ Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. ⁹ Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the God of peace will be with you.

***"Being free from worry and free from troubles
are not the same thing."***

John 16:32-33 (NLT)

³² But the time is coming—indeed it's here now—when you will be scattered, each one going his own way, leaving me alone. Yet I am not alone because the Father is with me. ³³ I have told you all this so that you may have peace in me. Here on earth you will have many trials and sorrows. But take heart, because I have overcome the world."

Matthew 6:33 (NLT)

³³ Seek the Kingdom of God above all else, and live righteously, and he will give you everything you need.

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1. Seek the **Kingdom of God**.
2. Seek to **live righteously**.

Matthew 5:6 (ESV)

⁶ “Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.

Philippians 4:11-12; 19 (NLT)

¹¹ Not that I was ever in need, for I have learned how to be content with whatever I have. ¹² I know how to live on almost nothing or with everything. I have learned the secret of living in every situation, whether it is with a full stomach or empty, with plenty or little.

¹⁹ And this same God who takes care of me will supply all your needs from his glorious riches, which have been given to us in Christ Jesus.

Verse 34 – “So don’t worry about tomorrow, for tomorrow will bring its own worries. Today’s trouble is enough for today.