

Life Group questions for Psalm 16: The Happiness of God's Sons

Think of some area of "success" you have experienced in life (a promotion, college graduation, marriage, children)? To what extent did that success / achievement make you happy? In what ways did that success leave you wanting?

Psalm 16:1 reads, *Keep me safe O God.* When have you prayed this most earnestly in your life? How did God respond to your prayer?

One key to the happiness of God's people is that *they know that all of life is a gift.* Consider 1 Corinthians 4:7 where the Apostle Paul says, *What do you have that you did not receive?* How does this lead you toward thanksgiving and gratitude? What practical steps can you take to keep this at the forefront of your thinking?

David's happiness in Psalm 16 was, in part, due to the fact that he saw his life in light of the future. David speaks of having a *delightful inheritance.* We live in a society that has, largely, forgotten God. Therefore our emphasis is on *our best life now.* How does, or should, the promise of your *delightful inheritance* influence the way you live in 2023?

How do you balance the quest for happiness now, characterized by the good life in earthly comforts (money, transportation, housing, travel) and the quest for a happiness in God himself. In what ways does this passage convict you? Consider 16:11 *...you fill me with joy in your presence, with eternal pleasures at your right hand.*