

SERMON NOTES
NOVEMBER 30, 2025
Pastor Kenny Heard

SHATTERING SHAME

"6 The woman was convinced. She saw that the tree was beautiful and its fruit looked delicious, and she wanted the wisdom it would give her. So she took some of the fruit and ate it. Then she gave some to her husband, who was with her, and he ate it, too. 7 At that moment their eyes were opened, and they suddenly felt shame at their nakedness. So they sewed fig leaves together to cover themselves. 8 When the cool evening breezes were blowing, the man and his wife heard the LORD God walking about in the garden. So they hid from the LORD God among the trees. 9 Then the LORD God called to the man, "Where are you?" 10 He replied, "I heard you walking in the garden, so I hid. I was afraid because I was naked." 11 "Who told you that you were naked?" the LORD God asked.

"Have you eaten from the tree whose fruit I commanded you not to eat?"

Genesis 3:6-11 NLT

"7 At that moment their eyes were opened, and they suddenly felt shame at their nakedness"

Genesis 3:7 NLT

Christ did not come to condemn you, He came to cover you!

Shame is a shackle

Shame creates distance — from God and from others

Christ Shatters Shame

Christ covers, not condemns

"So now there is no condemnation for those who belong to Christ Jesus."

Romans 8:1

"And they have defeated him (the enemy) by the blood of the Lamb and by their testimony."

Revelation 12:11

Don't let the shackles of shame keep you stuck

Christ won't heal what we continue to hide

"Confess your sins to each other and pray for each other so that you may be healed. The earnest prayer of a righteous person has great power and produces wonderful results."

James 5:16

Christ shatters the frames

Resist Sin!

"Do not let sin control the way you live; do not give in to sinful desires. 13 Do not let any part of your body become an instrument of evil to serve sin. Instead, give yourselves completely to God, for you were dead, but now you have new life. So use your whole body as an instrument to do what is right for the glory of God. 14 Sin is no longer your master, for you no longer live under the requirements of the law. Instead, you live under the freedom of God's grace."

Romans 6:12-14

"Who told you that you were naked?" the LORD God asked. "Have you eaten from the tree whose fruit I commanded you not to eat?"

Genesis 3: 11

RUN IN THE RIGHT DIRECTION

DON'T RUN FROM THE FATHER, RUN TO THE FATHER!

"... overwhelming victory is ours through Christ, who loved us. And I am convinced that nothing can ever separate us from God's love. Neither death nor life, neither angels nor demons, neither our fears for today nor our worries about tomorrow—not even the powers of hell can separate us from God's love. No power in the sky above or in the earth below—indeed, nothing in all creation will ever be able to separate us from the love of God that is revealed in Christ Jesus our Lord."

Romans 8:37-39

Rally The Right People!

"If one person falls, the other can reach out and help. But someone who falls alone is in real trouble."

Ecclesiastes 4:10

Position yourself around Godly people!

Reframe your narrative

Things didn't happen TO me, they happened FOR me

"And we know that God causes everything to work together for the good of those who love God and are called according to his purpose for them."

Romans 8:28

"No, in all these things we are more than conquerors through him who loved us."

Romans 8:37

"Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect"

Romans 12:2 NLT

"When he finally came to his senses, he said to himself, 'At home even the hired servants have food enough to spare, and here I am dying of hunger! I will go home to my father and say, 'Father, I have sinned against both heaven and you, and I am no longer worthy of being called your son. Please take me on as a hired servant.'"

Luke 15: 17-19

"So he returned home to his father. And while he was still a long way off, his father saw him coming. Filled with love and compassion, he ran to his son, embraced him, and kissed him. His son said to him, 'Father, I have sinned against both heaven and you, and I am no longer worthy of being called your son.' "But his father said to the servants, 'Quick! Bring the finest robe in the house and put it on him. Get a ring for his finger and sandals for his feet. And kill the calf we have been fattening. We must celebrate with a feast, for this son of mine was dead and has now returned to life. He was lost, but now he is found.' So the party began."

Luke 15: 20-24

"They were naked and felt no shame."

Genesis 2:25 NLT

CHRIST CAME NOT TO CONDEMN BUT TO COVER!

Shame speaks to who you were, but Jesus tells you who you are

