



Follow your heart

You got this

Stay true to yourself

You can do it!

Live your truth

You deserve this



Our Year of Abiding

PRAYER & ACTION GOALS

AUGUST 2025 - JULY 2026

Abiding in Christ...

...when we're told to go it alone

...when we're afraid

...when we're overwhelmed

When We're Told To Go It Alone

⁴ Abide in me, and I in you. As the branch cannot bear fruit by itself, unless it abides in the vine, neither can you, unless you abide in me. ⁵ I am the vine; you are the branches. Whoever abides in me and I in him, he it is that bears much fruit, for apart from me you can do nothing.

John 15:4-5 (ESV)

When We're Told To Go It Alone



“What a root and trunk are to trees,
Jesus is to human life.”
Frederick Dale Bruner

When We're Told To Go It Alone

Augustine & Martin Luther

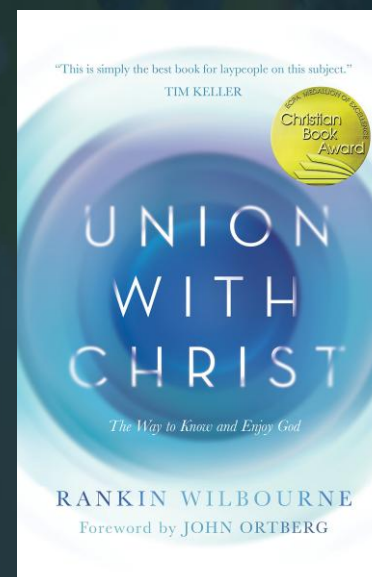
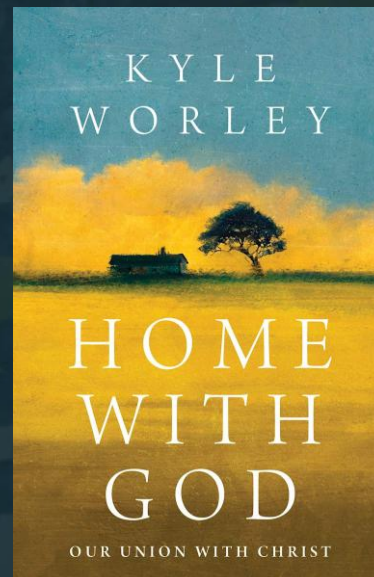
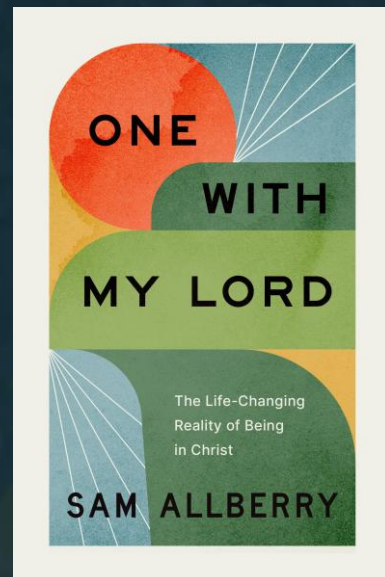
Our natural condition since the Fall:
Incurvatus in se (Latin):
curved in on oneself



When We're Told To Go It Alone

WORD

Go deeper into my union with Christ by hearing and studying the second half of the Gospel of John (Chapters 11-21)



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When We're Afraid

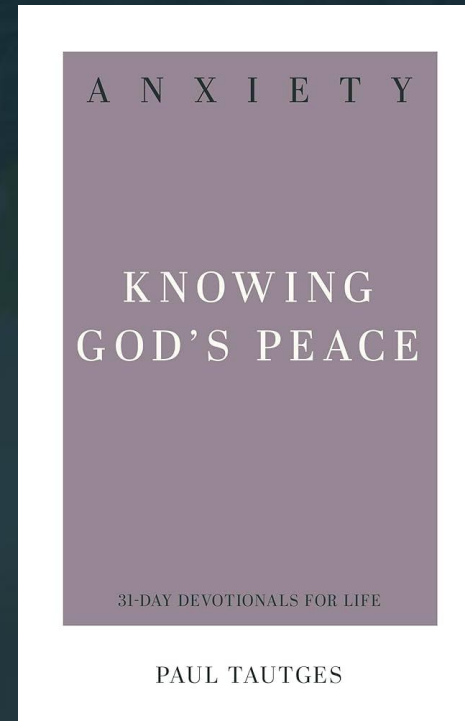
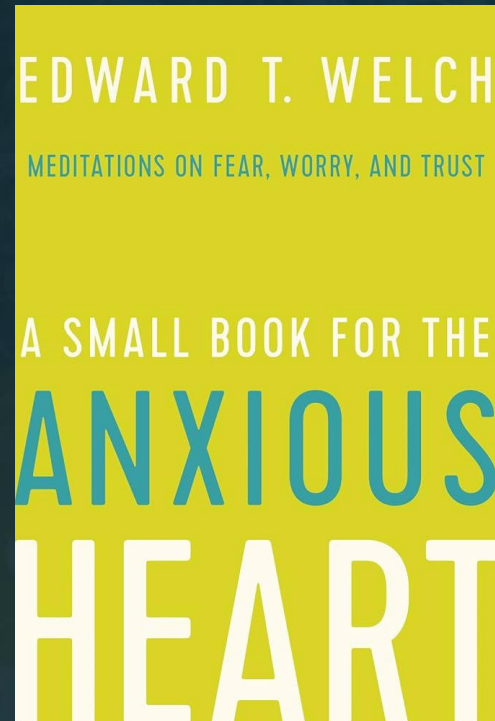
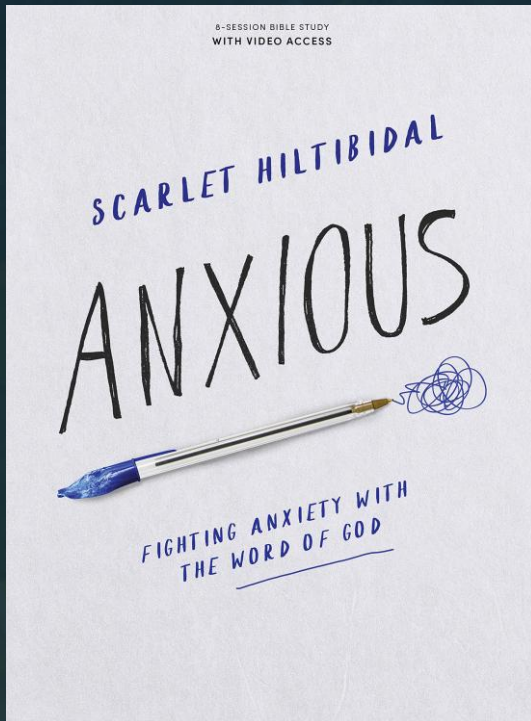
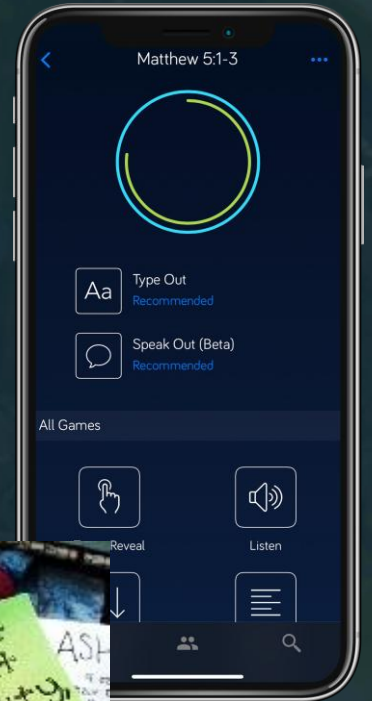
²⁶ But the Helper, the Holy Spirit, whom the Father will send in my name, he will teach you all things and bring to your remembrance all that I have said to you. ²⁷ Peace I leave with you; my peace I give to you. Not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid.

John 14:26-27 (ESV)

When We're Afraid

WORSHIP

Experience more peace when feeling anxious or fearful by abiding in God's Word



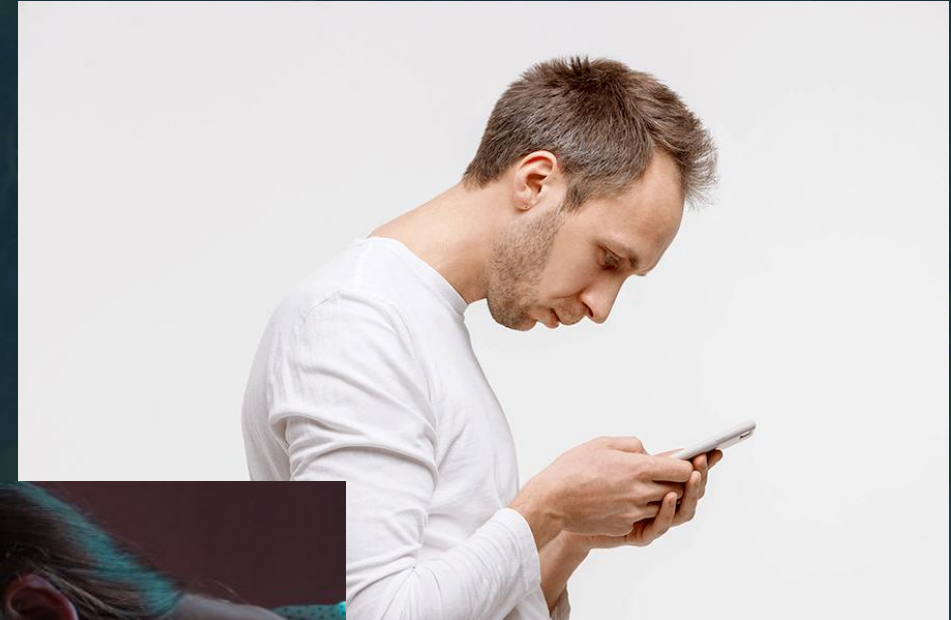
When We're Afraid

...he began to be sorrowful and troubled. Then he said to them, "My soul is very sorrowful, even to death..." Matthew 26:37-38 (ESV)

do not be anxious about anything...
Philippians 4:6a (ESV)

...there is the daily pressure on me of my anxiety
for all the churches.
2 Corinthians 11:28 (ESV)

When We're Afraid



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When We're Afraid

I have said these things to you, that in me you may have peace. In the world you will have tribulation.

But take heart; I have overcome the world.

John 16:33 (ESV)

Consider it pure joy, my brothers, whenever you face trials of many kinds because you know that the testing of your faith develops perseverance.

James 1:2-3 (NIV 1984)

When We're Overwhelmed

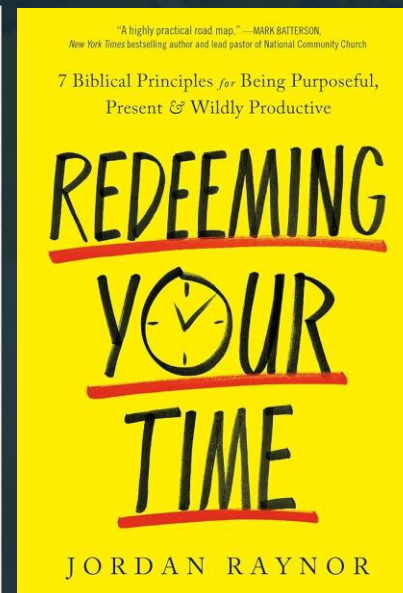
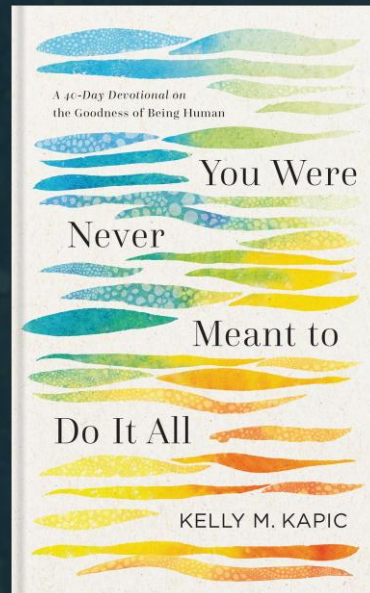
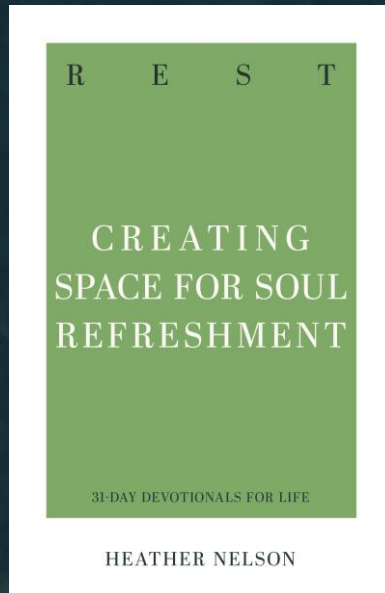
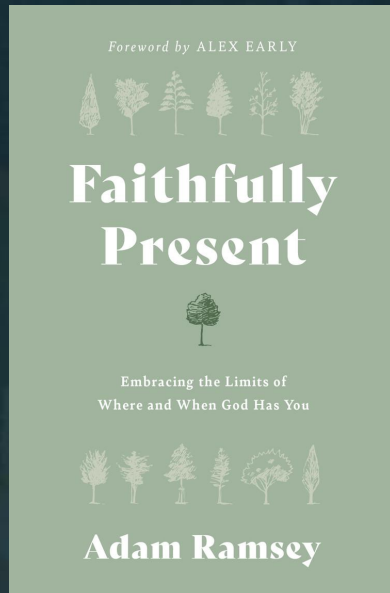
¹⁵ I do not ask that you take them out of the world, but that you keep them from the evil one. ¹⁶ They are not of the world, just as I am not of the world. ¹⁷ Sanctify them in the truth; your word is truth. ¹⁸ As you sent me into the world, so I have sent them into the world.

John 17:15-18 (ESV)

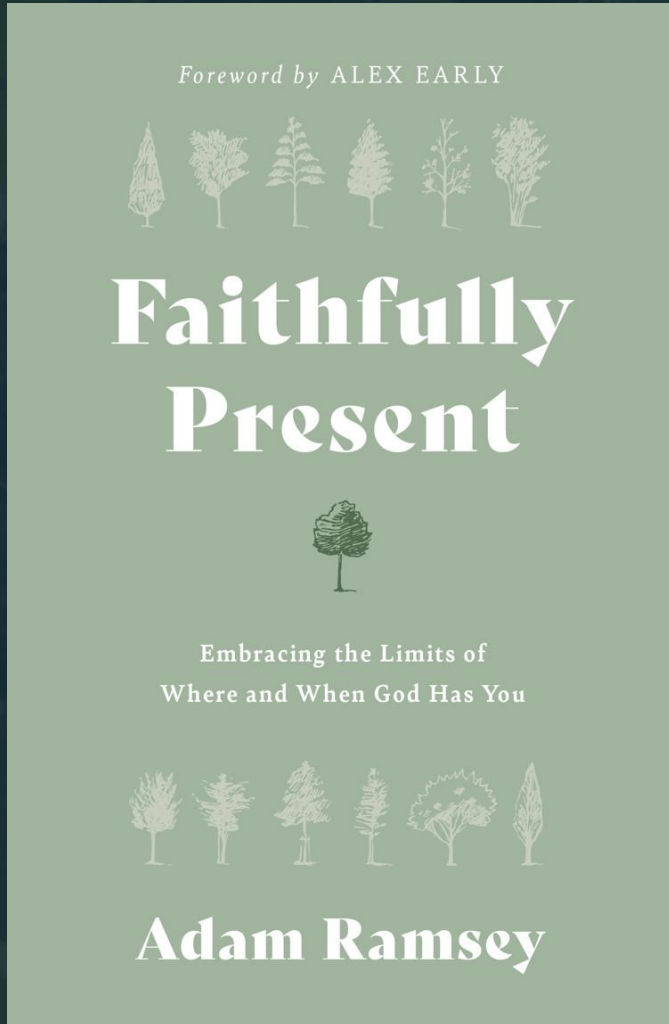
When We're Overwhelmed

EQUIP

Transform my schedule so that my daily routines of work and rest better reflect the work and rest of the Savior I abide in.



When We're Overwhelmed



Busyness is not synonymous with righteousness.

Doing more does not mean you are doing well.

“Whoever says he abides in him ought to walk in the same way in which he walked.”

1 John 2:6 (ESV)



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