



Un  hurried



Un hurried



Work & Rest in Light of Eternity

# Heaven Makes Work Bearable

## Work is Cursed

“in pain you shall bring forth children... cursed is the ground because of you; in pain you shall eat of it all the days of your life; thorns and thistles it shall bring forth for you... By the sweat of your face you shall eat bread, till you return to the ground...”

Genesis 3:16b,17b-19b (ESV)

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## A Future and Greater Rest

Therefore, while the promise of entering his rest still stands... For if Joshua had given them rest, God would not have spoken of another day later on.

Hebrews 4:1a,8

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## An “Already But Not Yet” Rest

So then, there remains a Sabbath rest for the people of God, for whoever has entered God's rest has also rested from his works as God did from his.

Hebrews 4:9-10

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# Heaven Makes Work Meaningful

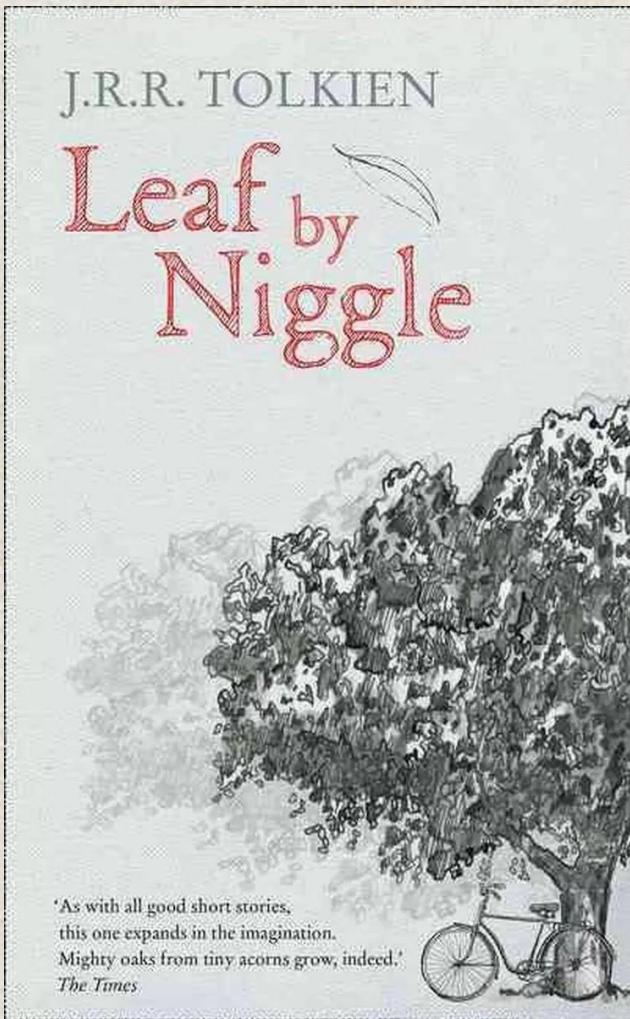
## The Resurrection and Work

Therefore, my beloved brothers, be steadfast, immovable, always abounding in the work of the Lord, knowing that in the Lord your labor is not in vain.

1 Corinthians 15:58

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# Heaven Makes Work Meaningful

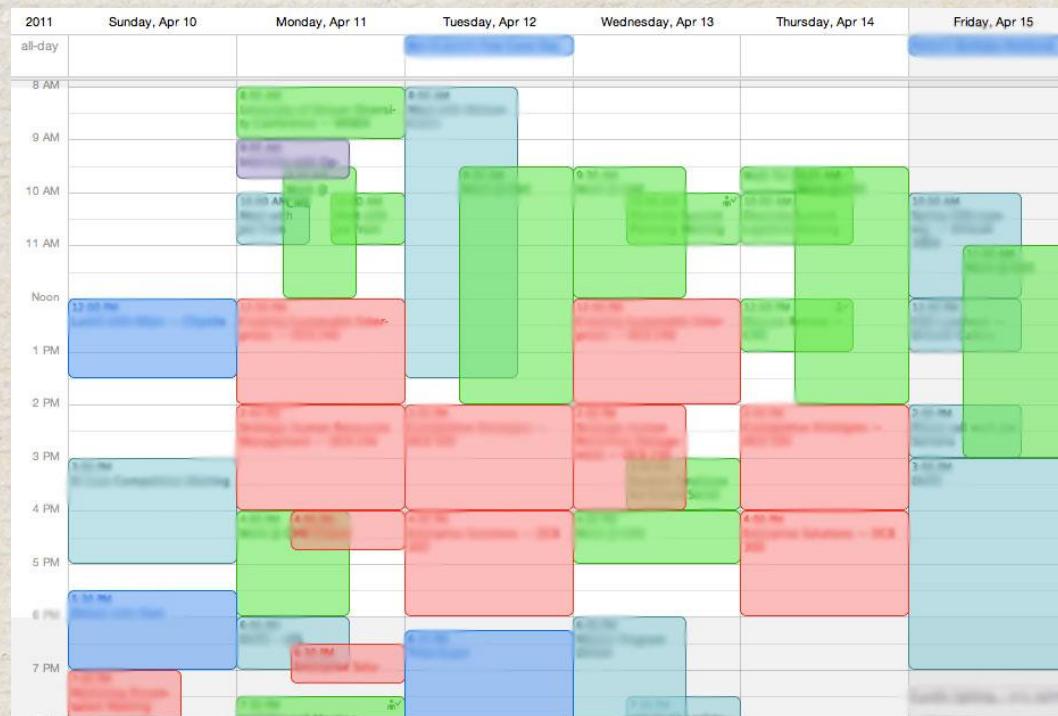


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# Next Steps: Examination & Transformation

## Examination

- 1) Identify what we do – take an honest look at our calendars



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## Examination

- 1) Identify what we do – take an honest look at our calendars
- 2) Ask why we do it – take an honest look at our motives & bring them to the Lord



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# Next Steps: Examination & Transformation

## Examination

- 1) Identify what we do – take an honest look at our calendars
- 2) Ask why we do it – take an honest look at our motives & bring them to the Lord
- 3) Ask trusted friends for help



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# Next Steps: Examination & Transformation

## Transformation

- 1) Prioritize your best “Yes”



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# Next Steps: Examination & Transformation

## Transformation

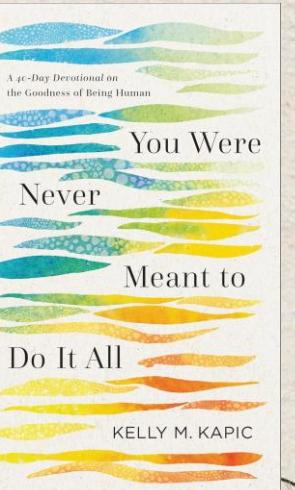
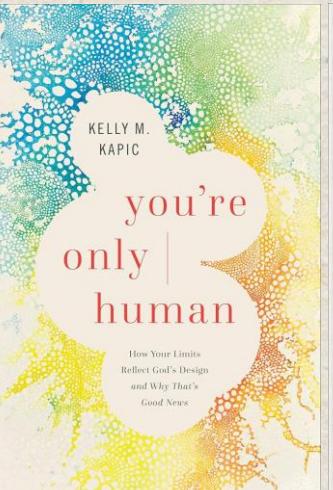
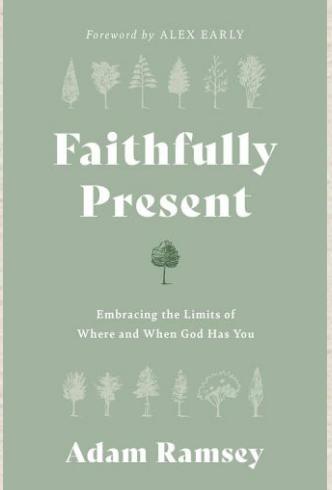
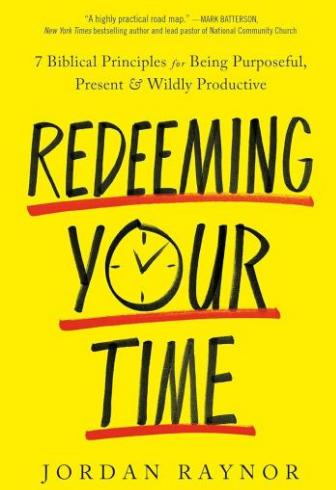
- 1) Prioritize your best “Yes”
- 2) Schedule margin to allow for more openness to God’s plans

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# Next Steps: Examination & Transformation

## Transformation

- 1) Prioritize your best “Yes”
- 2) Schedule margin to allow for more openness to God’s plans
- 3) Check out available resources:



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Come to me, all who labor and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.

Matthew 11:28-30

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