



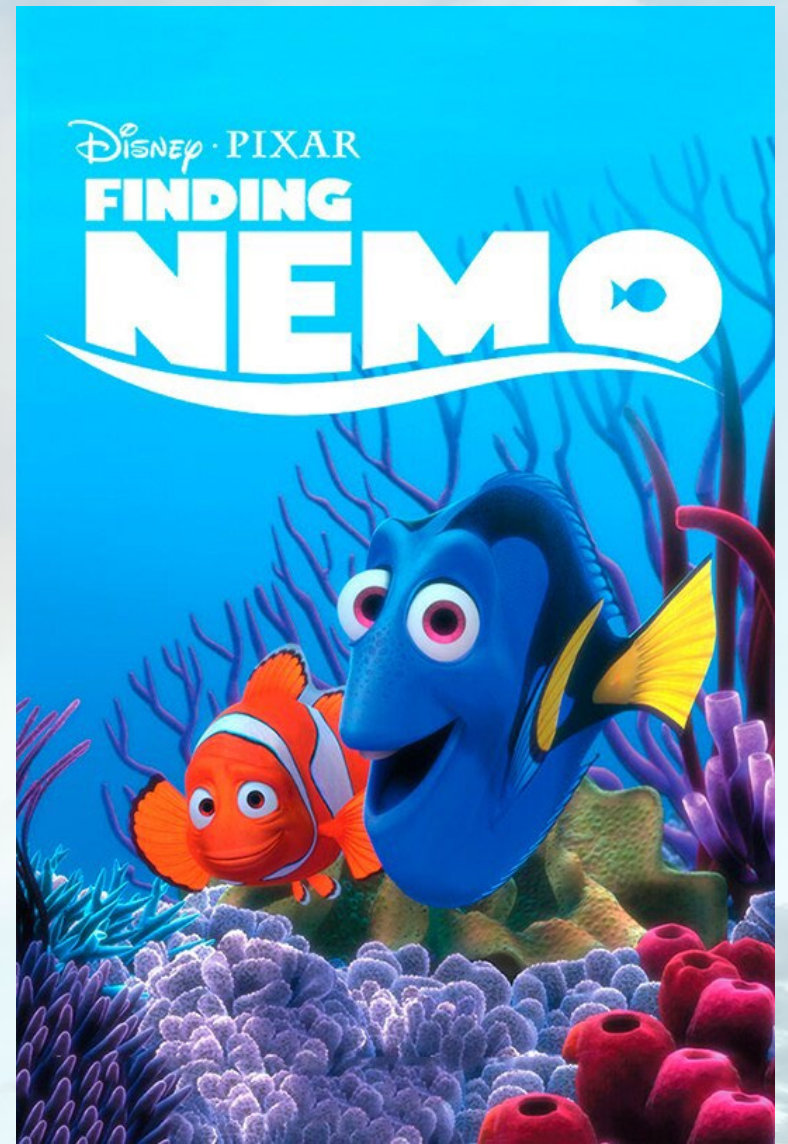
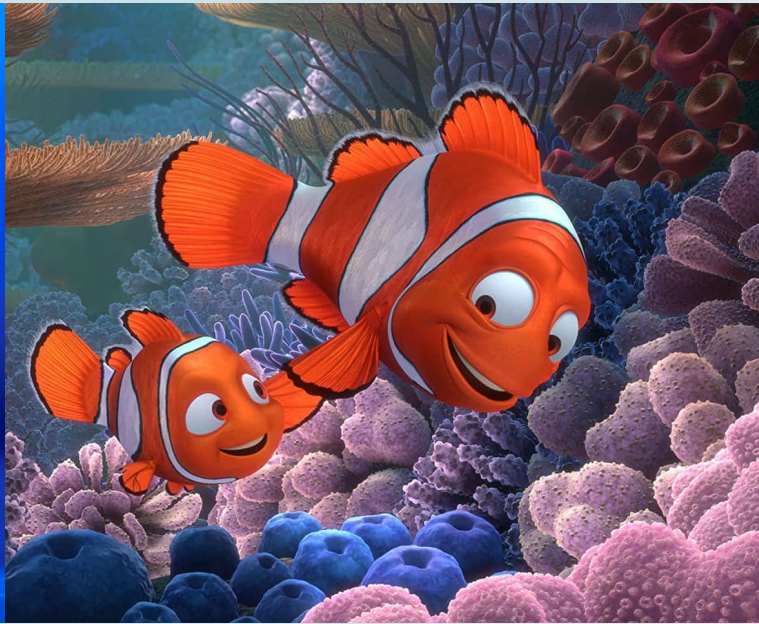
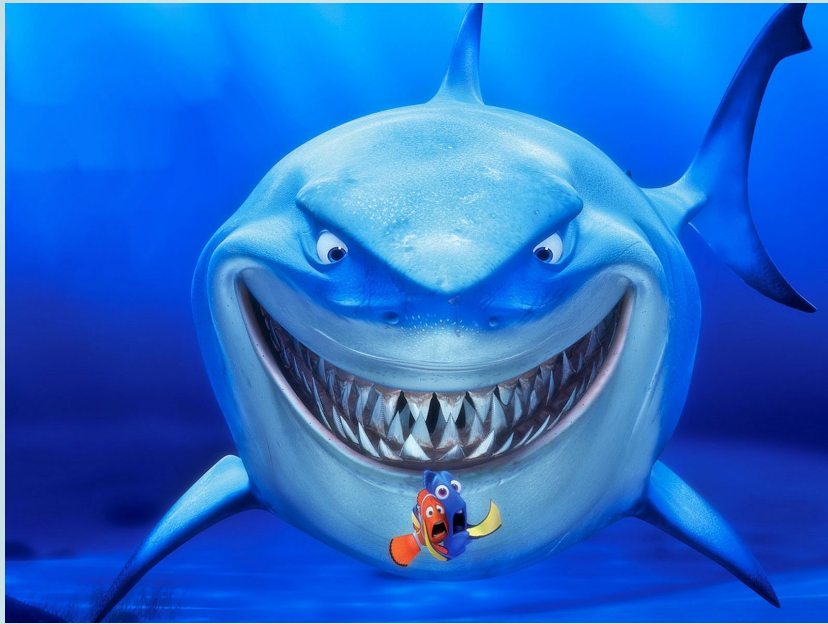
FACING  
*anxiety*

FINDING  
*peace*



**May 30, 2003**

FACING **anxiety** / FINDING **peace**

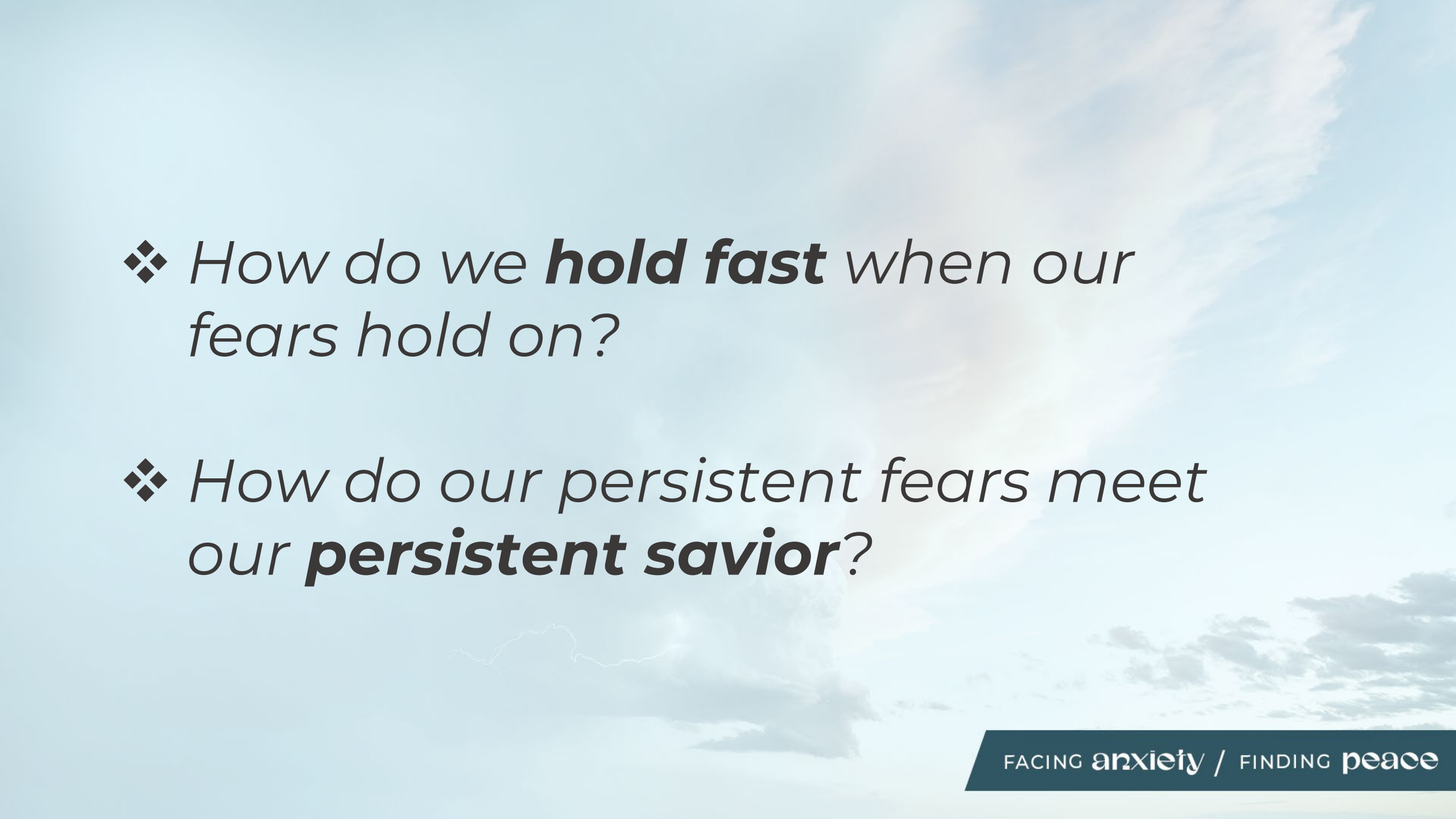


FACING anxiety / FINDING peace



FACING  
*anxiety*

FINDING  
*peace*

- 
- ❖ How do we **hold fast** when our fears hold on?
  - ❖ How do our persistent fears meet our **persistent savior**?

# Outline:

- I. Persistent Fear: *The Reach of the Fall*
- II. Persistent Rescuer: *The Reach of the Savior*
- III. Persistent Love: *The Reach of His Grace*

# Persistent Fear: *The Reach of the Fall...*



## Persistent Fear: *The Reach of the Fall*

*“For the creation was subjected to futility, not willingly, but because of him who subjected it, in hope that the creation itself will be set free from its bondage to corruption and obtain the freedom of the glory of the children of God. For we know that the whole creation has been groaning together in the pains of childbirth until now.”*

**Romans 8:20-22**



# Persistent Fear: *The Reach of the Fall*

*"...cursed is the ground because of you;"*

**Genesis 3:17b**



# Persistent Fear: *The Reach of the Fall*

## Across Scripture

- Genesis 4: *Cain & Able*
- Genesis 37: *Joseph*
- Exodus 1: *Slavery*
- 1 Samuel 19: *David Flees Saul*
- Job: *All of it...*
- Matthew 2: *King Herod*
- Mark 14-15: *Crucifixion*
- Acts 7: *Stoning of Stephen*



# Persistent Fear: *The Reach of the Fall*

## → The Noetic Effects of Sin

*“And not only the creation, but we ourselves, who have the first fruits of the Spirit, groan inwardly as we wait eagerly for adoption as sons, the redemption of our bodies.”*

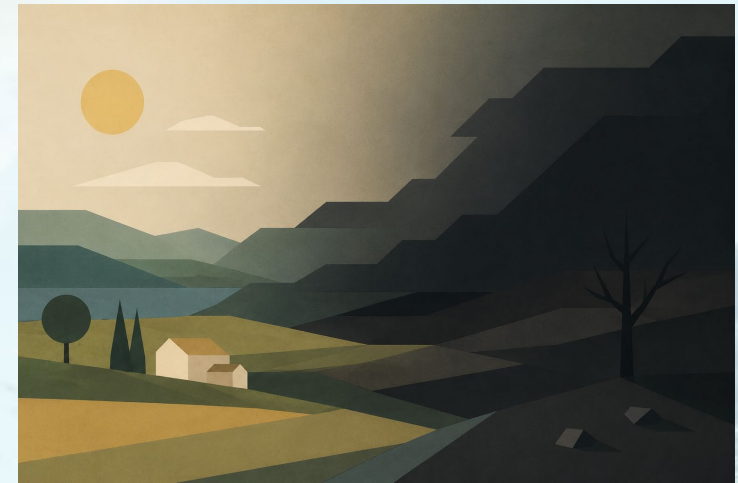


**Romans 8:24**

## **Persistent Fear: *The Reach of the Fall***

*“Trauma refers to the way that some distressing events are so extreme or intense that they overwhelm a person’s ability to cope, resulting in lasting negative impact.”* -**UK Trauma Counsel**

*“The word trauma refers to the emotional, spiritual, and physical disruptions that occur when a person is overwhelmed by extreme suffering.”*  
-**Darby Strickland**



# Persistent Rescuer: *The Reach of the Savior...*

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# Persistent Rescuer: *The Reach of the Savior*

*“I have said these things to you, that in me you may have peace. In the world you will have tribulation. But take heart; I have overcome the world.”*



**John 16:33**

## Persistent Rescuer: *The Reach of the Savior*

*“Brutality is overtaken by beauty. Darkness is followed by light. Terrible, tragic loss becomes the source of glorious God-given grace. The gospel is the most extraordinary reversal. The story of the cross offers an ultimate transformation that can speak to any and every trauma.”* -**Steve Midgley**



## Persistent Rescuer: *The Reach of the Savior*

*“But God, being rich in mercy, because of the great love with which he loved us, even when we were dead in our trespasses, made us alive together with Christ—by grace you have been saved—and raised us up with him and seated us with him in the heavenly places in Christ Jesus, so that in the coming ages he might show the **immeasurable riches of his grace** in kindness toward us in Christ Jesus.”*

***Ephesians 2:4-7***



## Persistent Rescuer: *The Reach of the Savior*

*“But he was pierced for our transgressions; he was crushed for our iniquities; upon him was the chastisement that brought us peace, and with his wounds we are healed.” - **Isaiah 53:5***

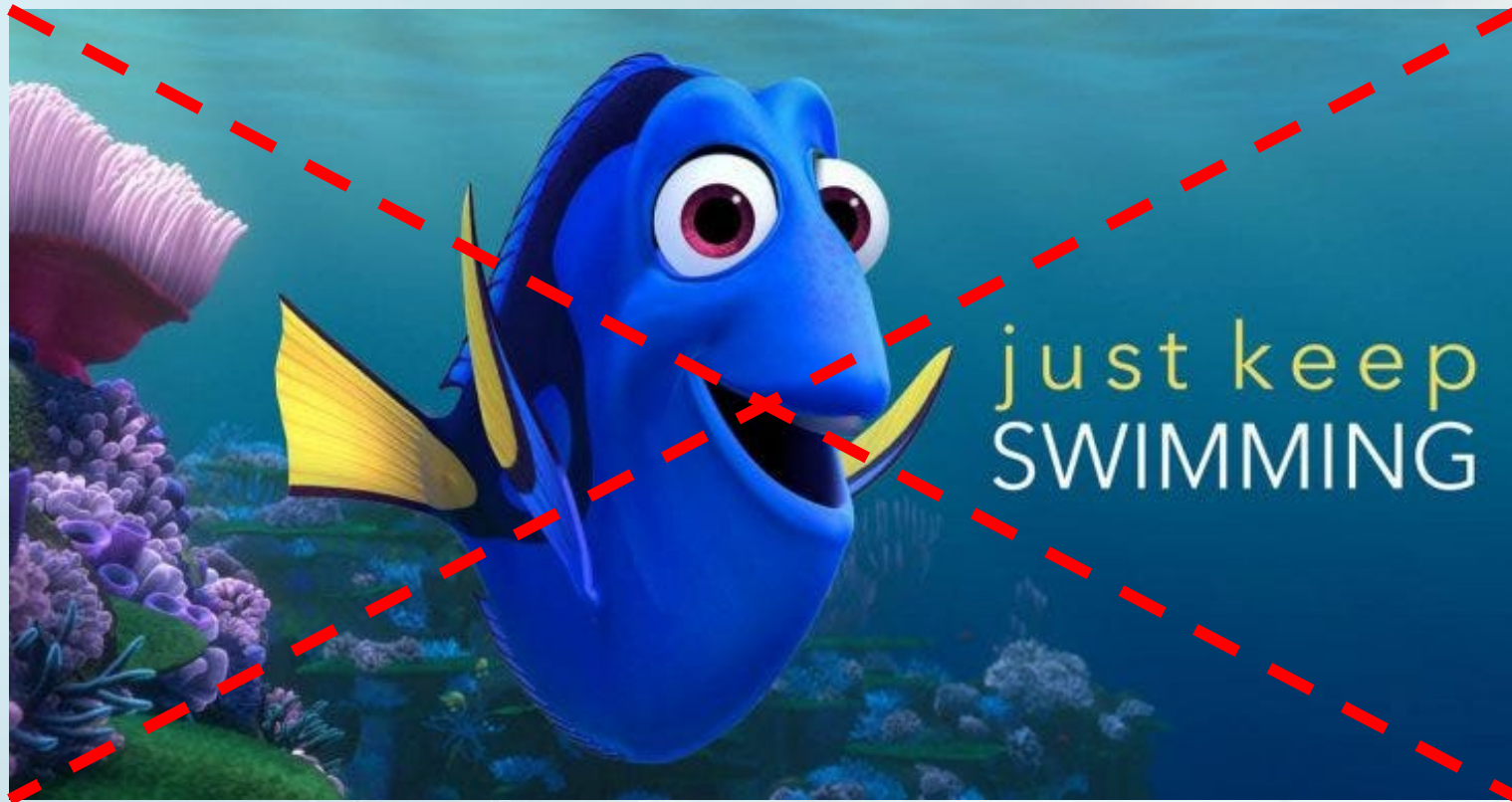
*“He himself bore our sins in his body on the tree, that we might die to sin and live to righteousness. By his wounds you have been healed.”  
- **1 Peter 2:24***



# Persistent Love: *The Reach of His Grace...*

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# Persistent Love: *The Reach of His Grace*



# Persistent Love: *The Reach of His Grace*

- ❖ *How does the reach of His grace meet us in our **persistent fears**?*



# Persistent Love: *The Reach of His Grace*

A Personalized Love:

*“I sought the LORD, and he answered **me** and delivered **me** from all **my** fears.”*

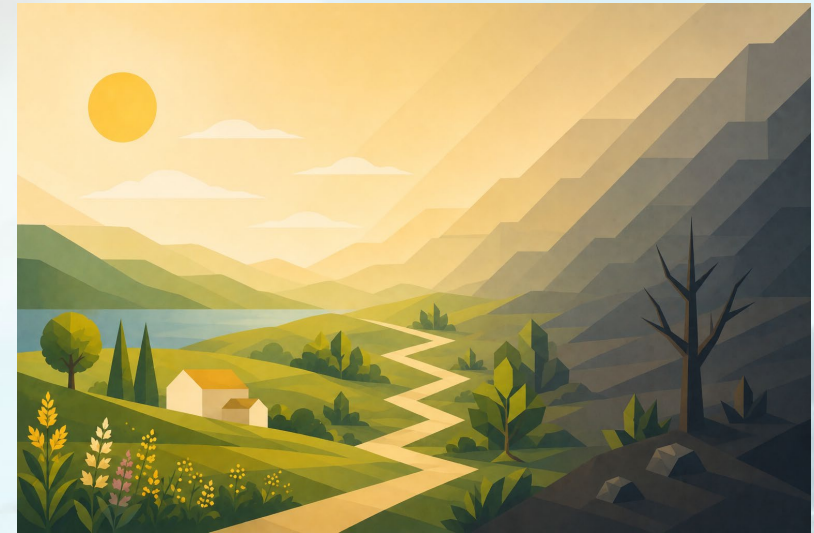
**Psalm 34:4**



# Persistent Love: *The Reach of His Grace*

## Five Questions:

1. *What persistent fear are you facing?*
2. *What life-giving word from the Lord speaks to you in it?*
3. *What input do wise friends give?*
4. *How can you honestly wrestle your way toward God?*
5. *What should you do next?*



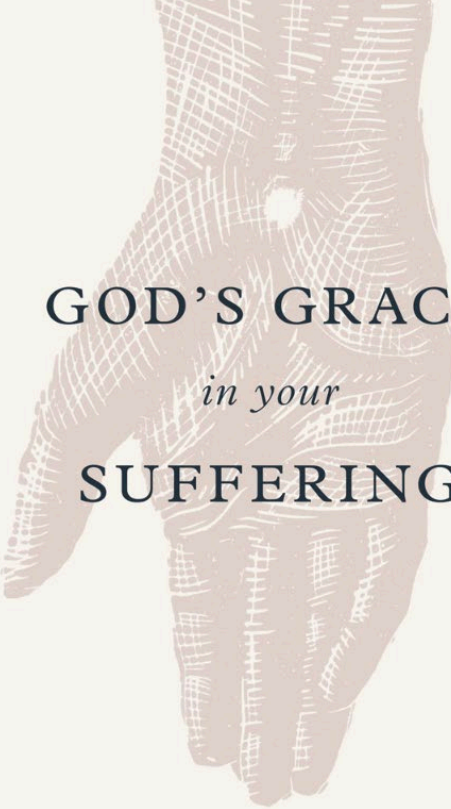


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*“Fear wants a person...  
Fear needs the right person...”*

**Ed Welch**





GOD'S GRACE  
*in your*  
SUFFERING

DAVID POWLISON

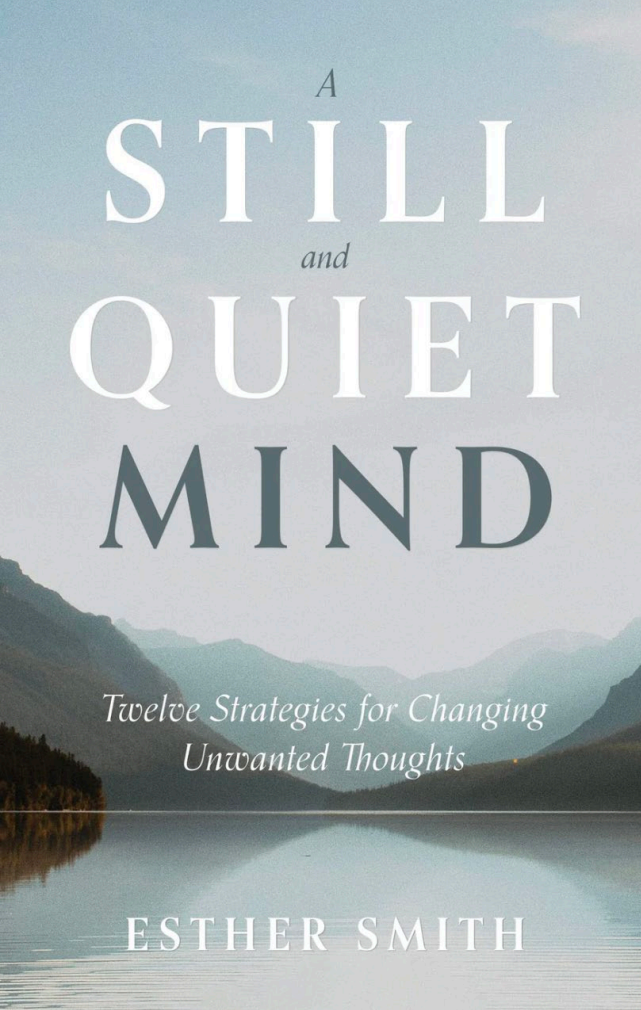
*"Infused with profound hope – an essential read."*

Darby Strickland

UNDERSTANDING  
TRAUMA

A Biblical Introduction  
for Church Care

Dr Steve Midgley



A  
STILL  
*and*  
QUIET  
MIND

*Twelve Strategies for Changing  
Unwanted Thoughts*

ESTHER SMITH

EDWARD T. WELCH

MEDITATIONS ON FEAR, WORRY, AND TRUST

A SMALL BOOK FOR THE

ANXIOUS

HEART

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