



CG DISCUSSION GUIDE

Practicing Gratitude - June 6, 2021

<i>Worship</i>	<i>Study</i>	<i>Pray</i>
<p><i>Hangout + Wins</i></p> <ul style="list-style-type: none">● Did you write a new covenant to the Lord? Share if you want to. What are you celebrating this week? Share something great the Lord has done in your life.● Share any other wins this week or answers to prayer from previous times you have prayed about. <p><i>Worship</i></p> <ul style="list-style-type: none">● Pick at least one song to worship with together.<ul style="list-style-type: none">○ I recommend any from this playlist○ https://m.youtube.com/c/ICBSpain/playlists	<p>Nehemiah 11-12</p> <p><i>Read, Study, and Discuss</i></p> <ul style="list-style-type: none">● Share a time when you have been overwhelmed with gratitude.● Ask “<i>what does this text teach us about ourselves?</i>”<ul style="list-style-type: none">○ <i>How does our perspective change when we are grateful?</i>○ <i>What kinds of things in your life have you used to “anchor yourself”</i>○ <i>What “anchors” us to Christ?</i>○ <i>When is it hard to be grateful? How can we push through and do it anyway?</i><i>Psalm 50:23</i> <p><i>(continued on next page)</i></p>	<p><i>Pray</i></p> <ul style="list-style-type: none">● Pray for each other’s needs and requests. <p><i>Reflection/Challenge of the week</i></p> <ul style="list-style-type: none">● What are you grateful for today?● Perhaps you can write out three things each day that you are grateful for, and as we learned, gratitude is contagious, so maybe share something with a friend each day.



	<ul style="list-style-type: none">● Ask “what does this text teach us about God?”<ul style="list-style-type: none">○ <i>What does it mean that “gratitude is a gift from the Lord” 1 Thes 5:18</i>○ <i>What about your relationship with Christ brings you contentment?</i> ● Application as a group:<ul style="list-style-type: none">○ <i>Read Psalm 100:1-5 (maybe read a couple times) and underline or point out all the characteristics of God that you are grateful for.</i>	
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