

# SENIORS MINISTRY MESSENGER

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### Verse for 2021: Isaiah 40:31

They who wait for the LORD shall renew their strength; They shall mount up with wings like eagles; They shall run and not be weary; They shall walk and not faint.

### From the Heart of Pastor Bryan Bult

Recently at our Encouragers' Riverfront Park picnic, I got to enjoy a few reflective moments of fellowship with two senior gentlemen as we watched the waters of the Congaree drift by. We marveled at the wonder of God's verdant creation and listened as the heavens silently declared His glory. It reminded me of the evocative imagery of Psalm 1, which assures great blessing to those who delight in the Lord's Word. The Psalmist compares them to trees sinking their roots deep into river-enriched soil, causing them to "yield their fruit in season" and prosper in "whatever they do". It made me thankful again for you, our seniors. Your abundantly fruitful lives, even in advancing age in some cases, are evidence of your deep rootedness in God's Word. And there is no better example you could set for our church family.



## July/Aug/Sept 2021

### Seniors Ministry Staff

Rev. Bryan Bult ..... Assoc. Minister to Seniors  
Janet B. Altman ..... Seniors Ministry Coord.

### July

- 1 Seniors Ministry Patriotic Gathering - FLC
- 6 Seniors Ministry Session Committee
- 10 Encouragers' Breakfast
- 14 Encouragers' Steering Committee
- 21 Barnabas Ministry Prayer & Note Writing
- 26 Couples in Action Steering Committee

### August

- 3 Seniors Ministry Session Committee
- 7 Encouragers' Breakfast
- 11 Encouragers' Steering Committee
- 18 Barnabas Ministry Prayer & Note Writing
- 19 Encouragers' Greek Luncheon & Tour of Greece
- 23 Couples in Action Steering Committee

### September

- 7 Seniors Ministry Session Committee
- 8 Encouragers' Steering Committee
- 11 Encouragers' Breakfast
- 15 Barnabas Ministry Prayer & Note Writing
- 16 Encouragers' Day Trip to the Mountains
- 27 Couples in Action Steering Committee





### Seniors Ministry Patriotic Gathering for Encouragers & CIA

Seniors Ministry has invited Mountain Bridge to perform at our July 1, 2021 Patriotic Gathering at 6 PM in the Family Life Center. Mountain Bridge is based in the South Carolina upstate in the shadow of the lower Appalachian mountains: a region that shares many features and families with Western NC, neither of which seem to realize a boundary exists. Mountain Bridge enjoys bringing old songs and even a country number or two to their audiences, as well as a few originals: much like the early bands in bluegrass, combining popular rural southern music with respect for and with the style of the old mountain traditions. Come join us for an indoor picnic followed by music from Mountain Bridge.

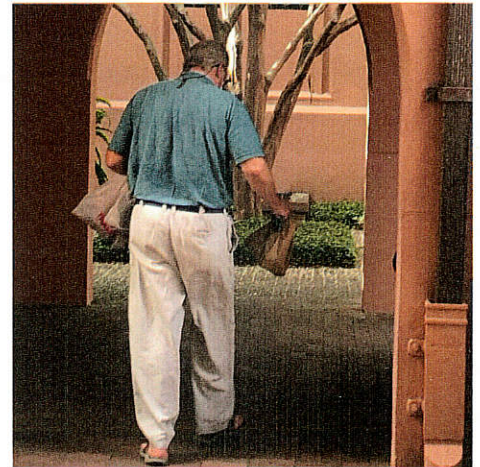


### Home Delivered Meals Ministry Update

Last year, with the advent of COVID and the lockdown measures which ensued, the deacons here at FPC began a ministry of delivering warm meals. It was designed to be a tangible way to reach out to certain members during the COVID lockdown to alleviate the resulting isolation experienced by so many. This was especially true for some senior members, singles, and those with health issues. The meals were a way to let people know that we were thinking of them. Chef Rich has made about 100 meals most weeks for this ministry. We have deacons and other volunteers who come to the kitchen each Tuesday afternoon and take the meals and disperse them around the city. Sometimes during the deliveries, lingering conversations take place on porch steps and in doorways. The recipients are not the only ones who receive the blessing. Those who volunteered reported leaving with a renewed sense of covenant community.



We will be scaling the ministry back in the coming weeks as our fellowship returns to a more normal rhythm. Even so, we will continue with some meal and other visitation deliveries in the coming months. If there is someone you think would be blessed by this ministry, please let one of our deacons know.



### New Tuesday Morning Bible Study for Men

Pastor Bryan Bult is leading a study of John MacArthur's book, Stand Firm, from 10:30 until 11:30 AM on Tuesdays. This study is open to all men. If you have interest in joining, please contact Bill James or Pastor Bult. Copies of the book are available in the Bridge for \$10 each. The group meets in the WOC Room on the 2nd floor of the Bridge.



first presbyterian church  
**couples**  
 IN ACTION  
 FELLOWSHIP • PRAYER • SERVICE



**ENCOURAGERS**  
 FELLOWSHIP | PRAYER | SERVICE  
 Singles 50+ Years Old

**Picnic in the Park**



"Golf Cart Jack" was on hand to shuttle us down to the river and back. Thanks, Jack!

**2022 Ligonier National Conference Orlando, FL  
 March 24-26**

Seniors Ministry is considering chartering a bus for the 2022 Ligonier Conference. If you would like to travel by bus with others from FPC, the cost will be \$100 per seat with a \$20 deposit due by September 1st. This offering only pertains to transportation to and from Orlando and local transportation while at the conference. All attendees will register for the conference and make hotel arrangements for themselves.

We currently have 9 individuals who are interested in a seat on the bus and 4 others

who responded "maybe." We need at least 25 participants in order to finalize our plans. Please contact Janet Altman before September 1st regarding any interest you have in this trip.

**Tentative Itinerary**

Wed, March 23 - 9 AM ..... Depart  
 12:30 PM .. Lunch Near Savannah  
 5:30 PM ..... Arrive Orlando  
 Thursday ..... Conference  
 Friday ..... Conference  
 Saturday . Conference ends Noon  
 Saturday ..... Arrive Cola 8 PM





1324 Marion Street  
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# SUDOKU

Sudoku requires no arithmetic skills.

The object of the game is to fill all the blank squares with the correct numbers.

Each row of 9 numbers must include all digits 1 through 9 in any order.

Each column of 9 numbers must include all digits 1 through 9 in any order.

Each 3 by 3 subsection of the 9 by 9 square must include all digits 1 through 9.

Solution

7	3	2	9	1	6	5	8	4
1	8	4	7	5	3	6	2	9
9	6	5	8	4	2	3	1	7
3	5	8	1	9	4	7	6	2
6	9	7	2	3	8	4	5	1
2	4	1	6	7	5	9	3	8
5	1	9	3	2	7	8	4	6
8	7	3	4	6	1	2	9	5
4	2	6	5	8	9	1	7	3

		6		8	9			3
		3	4		1	2		
5								
	4			7				
	9	7	2		8	4	5	
				9			6	
								7
		4	7		3	6		
7			9	1		5		