

A graphic with a soft-focus background of green grass and trees under bright sunlight. A faint rainbow is visible on the right side. The text "SUMMER OF" is in a bold, black, sans-serif font, and "psalms" is in a black, cursive script font. The entire graphic is framed by a dark grey border with rounded corners.

SUMMER OF

psalms

HELP FOR THE JOURNEY

PSALM 121

SUMMER OF
psalms

PSALM 121

¹ I lift up my eyes to the hills.
From where does my help come?

² My help comes from the Lord,
who made heaven and earth.

SUMMER OF
psalms

PSALM 121

³ He will not let your foot be moved;
he who keeps you will not slumber.

⁴ Behold, he who keeps Israel
will neither slumber nor sleep.

SUMMER OF
psalms

PSALM 121

⁵ The Lord is your keeper;
the Lord is your shade on your
right hand.

⁶ The sun shall not strike you by day,
nor the moon by night.

SUMMER OF
psalms

PSALM 121

⁷ The Lord will keep you from all evil;
he will keep your life.

⁸ The Lord will keep your going out
and your coming in from this time
forth and forevermore.

SUMMER OF
psalms



**FROM WHERE DOES
MY HELP COME?**

PSALM 121

Verse	Danger
3 – He will not let your foot slip	Rugged, dangerous terrain
5 – Shade at your right hand	Sun & heat
6 – Harm by sun and moon	Threats in both day & night
7 – He will keep you from all evil	All threats: thieves, disease, animals, etc.

SUMMER OF
psalms

EXPANDING HELP

Will not let your foot slip
He who watches over you
Watches over your life
Your coming and going
Both now and forevermore

SUMMER OF
psalms

PSALM 121

THE LORD IS YOUR KEEPER

SUMMER OF
psalms

WHERE WILL YOUR HELP COME FROM?

self, money,
power, intellect,
religions

The Lord



SUMMER OF

psalms