

A large, mature tree with a thick trunk and a full canopy of green leaves stands in a landscape. The sun is low on the horizon, creating a bright glow behind the tree and casting long shadows. The ground is rocky and uneven, with the tree's roots exposed and spreading out across the foreground. The sky is filled with soft, golden light and scattered clouds. The text 'SPIRITUAL DISCIPLINES' is overlaid in the center of the image, in a bold, white, sans-serif font.

# SPIRITUAL DISCIPLINES

A large, leafy tree stands in a landscape with mountains in the background. The tree's roots are exposed and spread out across the ground. The scene is bathed in a warm, golden light, suggesting a sunrise or sunset. The text "DELIGHTING IN THE WORD OF GOD" is overlaid in the center in a bold, black, sans-serif font.

**DELIGHTING IN  
THE WORD OF GOD**

# DELIGHTING IN THE WORD OF GOD

**Delighting in the Word of God leads us to a happy life. (v. 1-2)**

**Psalm 1 (ESV)**

**1 Blessed is the man who walks not in the counsel of the wicked, nor stands in the way of sinners, nor sits in the seat of scoffers;**

**2 but his delight is in the law of the Lord, and on his law he meditates day and night.**

# DELIGHTING IN THE WORD OF GOD

**Delighting in the Word of God leads us to a flourishing life. (v. 3-4)**

**Psalm 1 (ESV)**

**3 He is like a tree planted by streams of water that yields its fruit in its season, and its leaf does not wither. In all that he does, he prospers.**

**4 The wicked are not so, but are like chaff that the wind drives away.**

# DELIGHTING IN THE WORD OF GOD

**Delighting in the Word of God leads us to eternal life. (v. 5-6)**

**Psalm 1 (ESV)**

**5 Therefore the wicked will not stand in the judgment, nor sinners in the congregation of the righteous;**

**6 for the Lord knows the way of the righteous, but the way of the wicked will perish.**