

New Year's Resolution

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Part of Happy New Year - 2022

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Webster's Definition of New Year's Resolution: a promise to do something differently in the new year.

One of the biggest reasons we fail in our New Year's Resolutions is:

- **We rely on our power to accomplish our goals**

This common trend of relying on ourselves or our own power has its limits.

They had Peter and John brought before them and began to question them: "By what power or what name did you do this?" Then Peter, filled with the Holy Spirit, said to

them: "Rulers and elders of the people! If we are being called to account today for an act of kindness shown to a man who was lame and are being asked how he was healed, then know this, you and all the people of Israel: It is by the name of Jesus Christ of Nazareth, whom you crucified but whom God raised from the dead, that this man stands before you healed.

—Acts 4:7-10

But you will receive power when the Holy Spirit comes on you...

—Acts 1:8

We are more successful when we lean on God's power.

Now when they saw the boldness of Peter of John, and perceived that they were uneducated, common men, they were astonished. And they recognized that they had been with Jesus.

—Acts 4:13

When we rely on God's power, that will also influence the resolutions we set for ourselves.

But I say, walk by the Spirit, and you will not gratify the desires of the flesh.

—Galatians 5:16

Jesus tells us to, walk, by the Spirit. If we run, we often forget to lean on God's power and seek desires of the flesh.

But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control...

—Galatians 5:22-23

When making New Year's Resolutions, we should be desiring things that bring us, and others, the fruit of the Spirit.

How do we allow His power to work in us?

1. Spend more time with Jesus

2. Ask His Spirit to dwell in you