

# What are We Eating at Church? Eight Truths about the Lord's Supper

1 Corinthians 11:17–34



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## You Are What You Eat

Picky Eating is More Than Child's Play

Fighting with Food Goes Back to the Garden

John 6:53–55



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## Getting to Know the Lord's Supper

Matthew 26; Mark 12; Luke 22; 1 Corinthians 11

You are what you eat; You eat what you are

The Lord's Supper doesn't save you . . .  
but it testifies to your salvation.



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## The Lord's Supper . . .

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2. Celebrates the New Covenant



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7. Symbolizes the Body and the Blood of Jesus
8. **Stirs Up the Church to Love One Another**

