13 Discipleship: The Gospel, Shame, and Guilt

Shame is the experience of:

<u>Gospel Diagram:</u>

- 1. What does God want from you?
- 2. Why do you obey him?
- 3. Will you obey him perfectly?
- 4. Is he grieved by your sins?
- 5. Should that make you want to give up?
- 6. So then, what should you do when you're faced with your sin?
- 7. What does the gospel mean?

God reverses Satan's use of shame. Satan wants our shame to drive us away from God and into the bushes. God wants our shame to drive us to Himself for clothing.

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<u>Romans 5:1-5</u>

- 1. Hope in
- 2. Hope in
- 3. Hope in
- 4. Hope in
- 5. Hope in
- 6. Hope in
- 7. Hope that
- 8. Hope that
- 9. Hope that
- 10.Hope that
- 11.Hope that
- 12.Hope that

DISCUSS SESSION 03

- 1. What stuck out to you in the diagram of the gospel implications?
- 2. Contrast the shame based person's *illusion* of control with God's comprehensive character.
- 3. Discuss what abiding looks like in 1 John 2:28-29.
- 4. Discuss some observations and implications of Hebrews 4:14-16.
- 5. Share your take away from Romans 5:1-5 and how you will apply that to any shame or guilt.

Notes:

It Is Well With My Soul

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When peace, like a river, attendeth my way, When sorrows like sea billows roll; Whatever my lot, Thou has taught me to say, It is well, it is well, with my soul. It is well, with my soul, It is well, with my soul, It is well, it is well, with my soul.

Though Satan should buffet, though trials should come, Let this blessed assurance control, That Christ has regarded my helpless estate, And hath shed His own blood for my soul. It is well, with my soul, It is well, with my soul, It is well, it is well, with my soul.

> My sin, oh, the bliss of this glorious thought! My sin, not in part but the whole, Is nailed to the cross, and I bear it no more, Praise the Lord, praise the Lord, O my soul! It is well, with my soul, It is well, with my soul, It is well, it is well, with my soul.

And Lord, haste the day when my faith shall be sight, The clouds be rolled back as a scroll; The trumpet shall sound, and the Lord shall descend, Even so, it is well with my soul. It is well, with my soul, It is well, with my soul, It is well, it is well, with my soul.